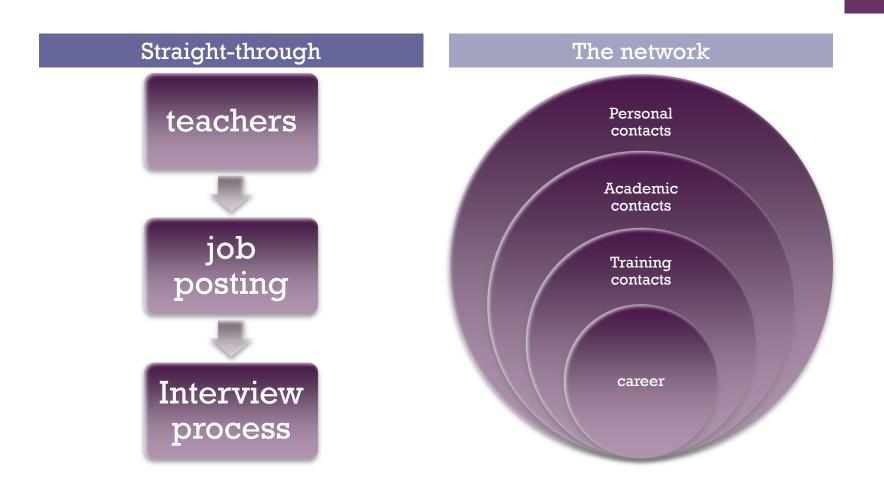


Is Networking a worthwhile tool for career development?

Dianna A. Johnson, Ph.D. Professor, Department of Ophthalmology Director, UTHSC Postdoc Office

+ Paths to career development/jobs



Undesirable connotations of networking

- 1. Schmoozing
- 2. Sales job
- 3. Working the room
- 4. Insider trading
- 5. Its who you know
- 6. Trade off
- 7. I'll scratch your back; you scratch mine
- 8. Back door deals

+ Issues for successful networking

- Fairness
- Evenhandedness
- Openness
- Open Access
- Merit-based
- Value of personal contact

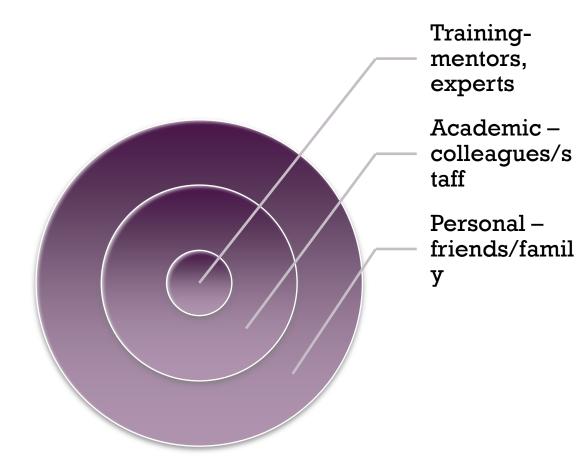


- Professional success
- Fulfilling career
- Recognition
- Career growth
- Appropriate reward



- Self assessment
- Strengths
- Weaknesses
- Likes
- Dislikes
- Role models

+ Three Networking groups



- Family/friends what they can provide
 - personal assessment
 - "touch stone"
 - find role models
 - suggest alternatives
 - reality check

- Family/friends what you should provide them
 - Share your dreams
 - Honest self assessment
 - Obstacles/challenges
 - Successes what is working for you now

- Academic colleagues what they can provide
 - Benchmarks
 - Role models
 - Appropriate perspective
 - Contacts
 - Advice and guidance
 - Reference letters
 - Working groups of like-minded individuals

- Academic colleagues what you should provide them
 - Resume/CV
 - Clear statement of goals
 - Strategic plan
 - Successes/failures in strategic plan to date
 - Current/future challenges
 - Your elevator speech

- Trainers/mentors/bosses what they can provide
 - Job options
 - Contacts
 - Reference letters
 - Specific Advice and guidance
 - Their honest assessment of your prospects
 - Access to their networks
 - Endorsements

- Trainers/mentors/bosses what you should provide them
 - Resume/CV
 - Clear statement of goals
 - Strategic plan
 - Successes/failures in strategic plan to date
 - Current/future challenges
 - Your elevator speech
 - Your assessment of the mentoring relationship

Networking: who and how

- Who: Choose people you admire and respect
- How: Tell them why you chose to come to them and what you want from them; then follow-up.
 - Let them know what you want:
 - Friends/family: "You know me well AND I respect your opinion.
 Would value your input about...."
 - Colleagues: "We have worked together on.../ I took your class on.../you helped me with.../ I was interested in your comments... AND I would like to get your thoughts about..."
 - Mentors/bosses: "You have been an important mentor to me.../I respect your professional judgment...AND I would like to make an appointment with you to discuss...

+ Networking no-no's

- Don't ask for advise from people you do not respect
- Don't ask questions if you are not prepared for the answer
- Always follow-up
- Acknowledge the time and effort given
- Always be honest
 - You don't have to reveal all; you can state that your are unsure, undecided or even prefer not to discuss a given aspect
 - Don't be misleading

Social/professional networking on line

- Everything is on line: be sure you have appropriate skills for creating your resume, navigating the electronic networking sites, protecting privacy, avoiding unwanted exposure
- Facebook may not be the vehicle of choice; others are available (Research Gate)
- In general, much of the advice gained from your network is best face-to-face rather than on-line.
- After establishing a working network group, joint email, chat rooms etc. may be useful.

Good networking is just common sense

- Participate, share and reward good networking
- Don't participate in bad networking
- Your assignment:
 - List your network: Identify 3 individuals who might serve as the core for each of the three network categories
 - Do your homework: self assessment as well as strengths and weaknesses of those in your network
 - Set goals for what you hope to obtain from each group
 - Determine what you need to supply each group
 - Set a timetable for meeting and following-up with group members