



## PGY-1 Community-based Pharmacy Residency Program

### Nashville Residency Site

**About the site:** The Kroger Co. is a large supermarket chain with subsidiaries nationwide including City Market, Dillon's, Fred Meyer, Fry's, Harris Teeter, King Soopers, QFC, Pick 'n Save, Mariano's, Ralph's, and Smith's Food and Drug. The Nashville Division of The Kroger Co. operates 93 pharmacies across Middle Tennessee, Kentucky, and Alabama. The division office is located in Nashville, TN. The Nashville site offers primary training sites located in the metro Nashville area where the resident will learn to integrate traditional staffing with clinical services. In addition to these select sites, other Nashville Division Kroger Pharmacies provide a diverse, interprofessional practice experience for the UTHSC Community Pharmacy Resident. The Kroger Company is committed to the provision of exceptional care to improve patient outcomes and the advancement of the profession of pharmacy. Immunizations, Medication Therapy Management, targeted clinical interventions, and Biometric Health Screenings using point of care testing are among experiences candidates will be afforded at our Kroger family of pharmacies. This program offers the resident the opportunity to develop an advanced clinical skill set in the community pharmacy practice setting.

#### About the site coordinator/preceptors:

- Dr. Leanne Rein is the Residency Site Coordinator for the Kroger Nashville Division. She received her Pharm.D. from Samford University. She completed her PGY1 through the UT Community Pharmacy Residency program with Kroger and is now the Pharmacy Manager at Nashville Kroger Pharmacy #093. Dr. Rein serves as the Patient Care preceptor for the residents in addition to her duties as the Residency Site Coordinator.
- Dr. Brad Cason received his Pharm.D. from Belmont University College of Pharmacy and completed his PGY1 residency through the UT Community Pharmacy Residency program with Kroger. He is now Pharmacy Manager at Kroger Pharmacy #571 and serves as the Patient-Centered Dispensing and Pharmacy Management preceptor for the residents.
- Dr. Morgan Grant received her Pharm.D. from Appalachian College of Pharmacy and completed her PGY1 residency through the Virginia Commonwealth University Residency program with Kroger. She is now a Pharmacy Practice Coordinator for Area 4 in the Nashville Division. Dr. Grant serves as the Program Development and Organization Management preceptor for the residents.

#### Clinical learning experiences:

- The resident will participate in many clinical activities through the year-long learning experiences in a variety of settings including Kroger Pharmacies, the Kroger Nashville Division Office, and related off-site events
  - Provision and expansion of non-dispensing clinical services include the following:
    - Biometric health screenings
    - Disease state coaching (diabetes; heart health; smoking cessation; fitness, nutrition, and weight management)
    - Immunizations
    - Medication Therapy Management (MTM)
    - Many other patient-care opportunities (e.g. health fairs), including in the local community
    - Regional patient-care events at surrounding area Kroger Pharmacies and other Kroger entities
- One day per week the resident will staff at a designated pharmacy
- Longitudinal learning experiences (e.g. research project, innovative service project)
- Formal presentation experiences (e.g. journal club, patient case presentations, research poster presentation at APHA Annual and a podium presentation at REPS conference)



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- Precepting and training of pharmacy students one-on-one and in small group settings
- University of Tennessee Teaching and Precepting Program (certificate awarded)

**About the location:** Nashville is the capital of Tennessee and located on the Cumberland River in the north-central part of the state. The city offers a wide variety of entertainment including a vibrant music and theater scene with events like the CMA Music Festival, the Country Music Hall of Fame and Museum, Tennessee Titans football, Nashville Predators hockey, and Nashville Sounds minor league baseball. The city is also a center for healthcare, publishing, banking, and transportation industries and is home to a large number of colleges and universities.

**What makes this site unique:** The PGY1 Community Pharmacy Residency Program at Kroger Nashville involves working very closely with the division's Pharmacy Practice Coordinators. These Pharmacy Practice Coordinators are pharmacists who specialize in the delivery of clinical care services such as Biometric Health Screenings, Immunization Clinics, and Disease State Coaching, and maintaining compliance with all legal and federal requirements for the pharmacy. They also provide professional development and serve as instructors for a number of certification programs offered to Kroger Pharmacists. The resident has the opportunity to help precept and train students for whom the Pharmacy Practice Coordinators serve as primary preceptor. The resident presents his/her research at the APhA annual meeting and has the opportunity to meet and network with other residents from across the country. In addition, the Kroger Company provides networking opportunities by hosting quarterly conference calls with all Kroger residency sites. Finally, Kroger Nashville provides the resident the opportunity to explore a career in pharmacy operations.

**About the current resident:** Dr. Andrew Beard was raised in Shelbyville, TN. He completed his pharmacy pre-requisite courses at Middle Tennessee State University where he earned his Bachelor's in Biochemistry. He earned his Pharm.D. from the University of Tennessee Health Science Center College of Pharmacy. During his Pharm.D. training he also completed a Master's Degree in Health Informatics and Information Management. He enjoys spending time outdoors hiking/camping, watching football and hockey games and spending time with his friends and family.

**About the resident's research:** Dr. Beard's research project focuses on the impact of a multifaceted implementation strategy on the adoption, acceptability, and feasibility of a value-based diabetes and hypertension management program in a large community pharmacy chain.

#### Resident contact information:

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