

# Student Assistance Program



Your **FREE, CONFIDENTIAL, 24/7** student benefit includes:

- Immediate connection to a Licensed Mental Health Professional for issues such as: stress, academics, emotional, legal, financial, substance abuse, eating disorders, relationships, and more.
- Your own Personal Assistant to conduct research, coordinate events, or plan tasks
- Financial and legal consultations and discounted fees
- Online access to helpful tools, articles, videos, and interactive courses via your own personal web-portal

## Balance Your School and Life!

Call 1.800.EAP.CALL (1.800.327.2255)  
or log-on at [www.mybalanceworks.com](http://www.mybalanceworks.com)

Your confidential resource,  
provided by

