## F.L.I.G.H.T. NEWS

# Flight

Financial Literacy Information for Graduate/Professional Health Students of Today

Take F.L.I.G.H.T.



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**February is Financial Aid Awareness Month**. It's clearly the perfect time to celebrate by completing your FAFSA form and learning more about financial aid.

The Free Application for Federal Student Aid (FAFSA) is available January 1 online at <a href="www.fafsa.gov">www.fafsa.gov</a>. Students who wish to apply for federal grants, loans, and some scholarships must complete the FAFSA. To receive federal student aid for the 2015-16 school year, you must complete the 2015-16 FAFSA at <a href="www.fafsa.gov">www.fafsa.gov</a>. The Federal Government has launched the <a href="IRS Data Retrieval Tool">IRS Data Retrieval Tool</a> which allows you to transfer your tax information directly from the IRS into your FAFSA, making the form easier than ever to complete.

- UTHSC's FAFSA school code is 006725
- FAFSA is due March 15th
- Students admitted after March 15th should submit the FAFSA as soon as possible

### **UTHSC Financial Aid Awareness Week**

To make this process as seamless as possible, the Financial Aid Office will host our second *UTHSC Financial Aid Awareness Week*, February 23-27, 2015 at various campus locations.

Locations: Madison Plaza Coleman Building	Date: February 23rd February 23rd**	<b>Time:</b> 11:00 -1:00 4:00 -6:00
GEB Lobby	February 24th	11:00 -1:00
Dunn Dental – Ground Floor	February 25th	11:00 -1:00
Pharmacy Lobby	February 26th	11:00 -1:00
OSS - Exit Counseling	February 27th *	8:00 -5:00



\*\*All M3/M4 - There will be a Financial Literacy and Financial Aid Session on February 23rd in the GEB A304 at noon. This session will discuss Student Loan and Debt Management, the Residency Interview Expenses Appeal Form, and other options for funding your residency interview expenses. Please plan to attend.

#### \*Complete Your Federal Loan Exit Counseling Early!

Students who have accepted federal loans, and applied the funds toward the cost of tuition, are required by federal law to complete loan exit counseling prior to their graduation. An exit interview is a loan counseling session in which students are advised regarding their loan repayment schedule, obligations, and rights to deferment and/or cancellation. **Beginning February 2 through May 8, 2015**, students can complete this requirement online at **www.studentloans.gov**. If you prefer a <u>one on one session</u>, please contact the Literacy Coordinators at 901-448-1601 or 901-448-2190.

\*\*\*Only students who have <u>TAKEN OUT</u> federal loans to help pay for their college are <u>required</u> by federal law to compete loan exit counseling before graduation.

## THE UNIVERSITY of TENNESSEE LINE HEALTH SCIENCE CENTER



#### **IMPORTANT INFO ABOUT 1098-T FORM**

The IRS requires Form 1098-T to be postmarked by January 31 of the following calendar year. This form is mailed to the student's permanent address (not mailing address) that was enrolled at UTHSC for at least half time during the calendar year. Mailing address changes can be made online through Banner Self-Service. However, any **permanent address changes must be done in the Office of the Registrar**.

## Is the 1098T available electronically?

You may print a copy of your 1098T form online by January 31st at the link below:

https://1098.tennessee.edu/

## **2015 Personal Finance Series**

The focus of the 2015 personal finance series is to help individuals free up money within their existing budgets to assist in meeting their savings, debt reduction, retirement and other goals. The following classes are being offered by the HR Department during the week of January 26, 2015. <u>Students please feel free to attend these series of classes.</u>

#### Couponing as a Money-Saving Strategy

Facilitator: Katina Robinson, Author of Coupon = Ca\$h

Location: Freeman Auditorium 3rd fl. Duration: 2 Hours (Same session offered twice.)

**Hamilton Eye Institute** 

Dates: Thursday, February 12<sup>th</sup> Time: 10 a.m. 12 noon and 2 p.m. – 4

p.m.

#### Understanding Store Coupon Policies and Loyalty/Rewards Programs

Moderator: Darnita Brassel

Location: GEB A304 Duration: 3 Hours

### 2015 Herbert W. Nickens Awards

The **AAMC** is soliciting nominations for its annual *Herbert W. Nickens Awards*. These awards honor individuals who advance the educational, societal, and health care needs of racial and ethnic minorities in the United States. The nomination deadline for the three awards below is **May 1, 2015**.

The **Herbert W. Nickens Presidential Award** is given to an individual who has made outstanding contributions in promoting justice in medical education and health care equity in the United States. The recipient receives a \$10,000 award and present the Herbert W. Nickens Lecture at the Learn Serve Lead: The 2015 AAMC Annual Meeting. Nominees may come from the fields of medicine, dentistry, education, law, nursing, public health, or social and behavioral sciences.

The **Herbert W. Nickens Faculty Fellowship** recognizes an outstanding junior faculty member who has held the assistant professor position <u>no more</u> than three years and has demonstrated leadership in the United States in addressing inequities in medical education and health care; demonstrated efforts in addressing educational, societal, and health care needs of racial and ethnic minorities; and is committed to a career in academic medicine. The fellowship recipient receives a \$15,000 grant to support their academic and professional activities.

The **Herbert W. Nickens Medical Student Scholarships** are awarded to five outstanding students entering their third year of medical school who have shown leadership in efforts to eliminate inequities in medical education and health care and demonstrated leadership efforts in addressing educational, societal, and health care needs of racial and ethnic minorities in the United States. Each recipient receives a \$5,000 scholarship.

For questions, please contact Angela Moses at 202.862.6203, email NickensAwards@aamc.org, or visit /www.aamc.org/initiatives/awards/.





## SCHOLARSHIPS, AWARDS & FELLOWSHIPS

Student Research Training Program in Kidney Disease - Vanderbilt School of Medicine invites applications for the Student Research Training Program in Kidney Disease for the summer of 2015. This program provides an opportunity for medical students to conduct research under the direction of an established Vanderbilt scientist in the area of Nephrology and/or Hypertension during the summer between the first and second year, or the second and third year of medical school. Prior research experience is not required. The program does provide a stipend. The application deadline is February 19<sup>th</sup>, 2015. Please view our website <a href="http://www.mc.vanderbilt.edu/mkpdc/events/2015/internship/">http://www.mc.vanderbilt.edu/mkpdc/events/2015/internship/</a> for more information about the program and application form.

Department of Urology at UC Irvine School of Medicine—We are now accepting applications for the 2015-2016 Joseph & Carol Reich Leadership and Innovation Fellowship Training (LIFT) Program in Urology at UC Irvine School of Medicine for medical students after their third year. This intensive one-year program provides unmatched training and experience in urologic research. For more information about this fellowship opportunity and to apply visit the website: <a href="http://sites.uci.edu/lift/">http://sites.uci.edu/lift/</a> Applications are due no later than February 15, 2015 although we recommend submitting application materials as soon as possible. Please contact the current LIFT fellow with any questions: Kyle Spradli@uci.edu

The Association of Academic Physiatrists (AAP) is offering funded research and clinical externships for medical students in physical medicine and rehabilitation (PM&R), a specialty that aims to enhance and restore functional ability and quality of life to patients with physical impairments or disabilities.

MSSCE Application Deadline – February 13, 2015

RREMS Application Deadline – March 6, 2015 Physiatry.org/Summer2015 for more information

#### The Association of Academic Physiatrists (AAP) is now accepting applications for Research and Clinical Externships.

The AAP is offering funded **research** and **clinical externships** for medical students in physical medicine and rehabilitation (PM&R), a specialty that aims to enhance and restore functional ability and quality of life to patients with physical impairments or disabilities. Both programs are eightweek summer externships offered to medical students between the first and second year of medical school with an attached stipend of \$4,000. The Medical Student Summer Clinical Externship (MSSCE) offers hands on clinical experience and the opportunity to see patients and establish mentors in PM&R. **MSSCE application deadline is February 13.** For more information on both programs, including a list of Site Sponsors, **visit Phsyiatry.org/Summer2015** 

2015 Pisacano Scholars Leadership program - The Pisacano Leadership Foundation is pleased to announce that the application for the 2015 Pisacano Scholars Leadership program is now available online at <a href="www.pisacano.org">www.pisacano.org</a>. The Pisacano Scholars Leadership program is designed to provide educational programs, leadership training, and funding to reimburse a portion of medical-school-related debt. Scholarships will be awarded to outstanding medical students for a four-year period. Students who have made a commitment to the field of family medicine and who will enter their fourth year in medical school in the fall of 2015 may apply. The PLF will award scholarships with a maximum value of \$28,000 each for the 2015-2016 academic year. Please remind students that the applications must be <a href="received by March 2">received by March 2</a>, 2015 to be considered. If you would like any additional information, please contact Jane Ireland: <a href="mailto:jireland@theabfm.org">jireland@theabfm.org</a> or 888-995-5700, ext. 1249.

<u>Jackson-Steindler Orthopaedic Clerkship</u>—The University of Iowa Department of Orthopaedics and Rehabilitation is pleased to announce that it is accepting applications for the Jackson-Steindler Orthopaedic Clerkship. Beginning in Spring 2015, one or two outstanding medical students who have successfully completed the third year of medical school at a LCME-accredited institution and who have an interest in orthopaedics will be selected for this award. The award will include support for housing and travel. **All applications materials should be received by April 1,**2015. Awardees will be notified no later than April 30, 2015. Please see the web site at <a href="http://uiortho.com/index.php/education/ruth-jackson-steindler-orthopaedic-clerkship.html">http://uiortho.com/index.php/education/ruth-jackson-steindler-orthopaedic-clerkship.html</a> for complete application instructions.

The David Satcher, MD Clerkship - A national model for the recruitment of URM medical students as potential resident candidates, the David Satcher, MD Clerkship was founded in 1991 at University Hospitals. This unique program is designed to insure that the diversity of future generations of healthcare leaders receives accurate representation and as its pledge to assure that the needs of the underserved and underrepresented ethnic communities will be met. University Hospitals Medical Center (UHMC) is the primary affiliate academic medical center of Case Western Reserve University School of Medicine. As a David Satcher Clerk, students will be assigned an Academic mentor, a Resident mentor, and as a unique feature, a Community mentor who will assist the student in learning and exploring the city of Cleveland during his/her stay. Students are assisted with securing housing as well as being provided with a stipend of \$2500.00 to assist with travel, housing and any other expenses. Applications will be considered on a rolling basis with a final deadline of May 15th. Students are encouraged to begin the application process as soon as possible. Learn more about the David Satcher Clerkship Application Process

Location:

910 Madison Ave. Suite 105 Memphis, TN 38163 (901) 448-7703 Hours: Monday - Friday

8:00 a.m. - 5:00 p.m.