#### **AGENDA**

2:45 - 3:00 PM

# Friday, May 10, 2024

PACTS Poster Session and Reception 5:30 – 7:30 PM

# **Saturday, May 11, 2024**

8:00 – 8:30 AM Registration | Breakfast Welcome | Introductions 8:30 - 8:45 AM Opening Remarks Alicia Barnes, DO, MPH 8:45 - 9:45 AM **Keynote Address: Navigating the Intersection of Social** Justice and Mental Health Care: How We Collaboratively Overcome! Sarah Y. Vinson. MD 9:45 - 10:45 AM Suicide and Black Youth: Understanding the Impact of Trauma and Finding Solutions Jonathan Shepherd, MD 10:45 - 11:00 AM Break 11:00 – 12:00 PM Systems of Care: Building Strong Foundations For Child Mental Health, Forging a Path Forward Post-COVID Altha Stewart, MD 12:00 - 1:00 PM Lunch **Panel Discussion: Collaborative** 1:00 - 2:45 PM **Approaches to Culturally Responsive Care for Adverse Childhood Experiences** Sarah Vinson, MD Jonathan Shepherd, MD Altha Stewart, MD

Closing Remarks | Adjourn

Alicia Barnes, DO, MPH

#### **ACTIVITY MEDICAL DIRECTOR**

Alicia Barnes, DO, MPH, FAACAP, FAPA

Associate Director, Center for Youth Advocacy and Well-Being Associate Professor, Department of Psychiatry President, TN Academy of Child and Adolescent Psychiatry Assembly Representative to AACAP Executive Council

#### **REGISTRATION**

There is no cost to attend this summit. However, space is limited, and advance registration is required. Online registration is available at:

https://cenow.uthsc.edu/content/2024-psychiatric-advocacy-collaborative-teams-summit-pacts



#### **ACTIVITY LOCATION**

The University of Tennessee Health Science Center Student Alumni Center (SAC) Schreier Auditorium and Lobby 800 Madison Avenue Memphis, TN 38163

## **PARKING**

Parking is available in the Student Alumni Center (SAC) G garage. The garage is located behind the SAC building with entrance from Manassas Street. Parking validation will be provided for participants parking in the garage. Additionally street level parking is available along South Dunlap Street and South Manassas Street.

### **CONTACT INFORMATION**

Pam Berry Banks, DHA Phone: 901.239.1098

Email: pberrybanks@gmail.com





The University of Tennessee is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA institution in the provision of its education and employment programs and services.

2024 Psychiatric-Advocacy
Collaborative Teams Summit (PACTS)

# Bridging the Gap and Overcoming Disparities Post COVID

Center for Youth Advocacy and Well-Being

Hosted by the Tennessee Academy of Child & Adolescent Psychiatry



Friday, May 10, 2024 5:30 - 7:30 PM

**Poster Session and Reception** 

Saturday, May 11, 2024 8:00 AM - 3:00 PM

The University of Tennessee Health Science Center Student Alumni Center (SAC) Schreier Auditorium and Lobby 800 Madison Avenue • Memphis, TN 38163



#### **OVERVIEW**

The 2024 Psychiatric-Advocacy Collaborative Teams Summit (PACTS): Bridging the Gap and Overcoming Disparities Post COVID aims to bring present and future mental health providers and professionals together in a collaborative effort to improve the care and support for youth impacted by adverse childhood experiences. On the first day, Friday, May 10, attendees will participate in a poster session, where they can showcase their research and advancements in the field of mental health. This will take place from 5:30 pm until 7:30 pm to include a light reception. The second day, Saturday, May 11, will feature a keynote speaker who will further elucidate the conference's mission and inspire providers to collectively address the gaps and disparities exacerbated by the COVID-19 pandemic. There will also be a panel discussion, offering instructional content, focusing on topics such as suicidality and enhancing systems of care. Lunch will include a networking opportunity fostering effective collaboration, continuing the afternoon with more specialized discussions, centered around multiculturalism, with the shared goal of bridging existing gaps in mental health provision.

#### **EDUCATIONAL OBJECTIVES**

- Identify social determinants impacting equity in mental health care for youth with a special emphasis on societal changes post COVID-19 pandemic.
- Explain ways to utilize professional standing to advocate for legislative and procedural change to promote socio-emotional well-being of youth.
- Describe factors that result in inequity in diagnosis and treatment of mental health issues in minority youth.
- Formulate plans to establish collaborative teams to assist in the management of mental health concerns in youth.
- Define how implicit bias can impact patient care in mental health settings.
- Increase communication with caregivers to improve care sustainability as part of the System of Care Approach.
- · Apply knowledge to decrease the risk for patient suicide.
- Explain how a collaborative team approach could improve patient outcomes.

# **DESIRED OUTCOME**

The goal of the 2024 Psychiatric Advocacy Collaborative Teams Summit (PACTS) is to convene a group of local experts to discuss the various methods and strategies that healthcare professionals can implement in their daily practice to improve the care and support for youth impacted by adverse childhood experiences. The summit's overarching goal is to cultivate a deeper understanding of integrated behavioral health practices, emphasizing cultural competency and humility. PACTS aims to fortify the delivery of care within diverse communities, addressing existing shortcomings, and rectifying systemic disparities that hinder access to mental health services.

#### **KEYNOTE SPEAKER**



Sarah Y. Vinson, MD

Founder, Lorio Psych Group Professor and Chair, Department of Psychiatry Morehouse School of Medicine

Sarah Y. Vinson, M.D. is a triple-board certified Harvard and Emory trained physician who specializes in adult, child and adolescent, and forensic psychiatry. After graduating from the University of Florida College of Medicine with Research Honors and as an Inductee in the Chapman Humanism Honors Society, she completed her general psychiatry training at Cambridge Health Alliance/Harvard Medical School. She then returned to the South to complete fellowships in both child and adolescent and forensic psychiatry at Emory University School of Medicine. In addition to providing mental health care services, such as psychotherapy, consultation, and psychopharmacology, through her private practice, Dr. Vinson is an Assistant Professor in Psychiatry at Morehouse School of Medicine and Adjunct Faculty at Emory University School of Medicine. She has been elected to statewide office by her professional peers in both the Georgia Psychiatric Physician's Association and the Georgia Council of Child and Adolescent Psychiatry, and currently serves on the boards of both organizations.

# UT HEALTH SCIENCE CENTER FACULTY AND GUEST SPEAKERS



Alicia Barnes, DO, MPH, FAACAP, FAPA

Associate Director, Center for Youth Advocacy and Well-Being Associate Professor, Department of Psychiatry President, TN Academy of Child and Adolescent Psychiatry Assembly Representative to AACAP Executive Council



Jonathan Shepherd, MD

Chief Clinical Officer for the Dept. of Behavioral Health, District of Columbia President, Black Mental Health Alliance



#### Altha J. Stewart, MD

Senior Associate Dean for Community Health Engagement Associate Professor and Chief of Social/Community Psychiatry; Director, Center for Youth Advocacy and Well-Being UT Health Science Center

#### **DISCLOSURE STATEMENT**

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essentials and Standards, all parties involved in content development are required to disclose any real or apparent conflicts of interest relating to the topics of this educational activity. The University of Tennessee College of Medicine has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off label use will be disclosed to the audience prior to the activity.

#### 5.75 CME / CEU credits provided





#### **AMA Credit Designation:**

The University of Tennessee College of Medicine (UTCOM) designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# Continuing Education for Non-Physicians:

The UTCOM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

#### Accreditation:

The UTCOM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **TARGET AUDIENCE**

Physicians, Community Healthcare Providers, Nurses, Nurse Practitioners, Fellows, Residents, Medical Students, Social Workers, Child Psychiatrists / Psychologists, and anyone who works with children and their families

# **POSTER SESSION**

Showcase your research and insights on mental health by submitting your poster presentation, as we strive to bridge the gap and overcome disparities in a post-COVID world. Submission deadline by May 3, to kjones73@uthsc.edu. For questions you may call 901.448.9753.

Supported by the AACAP/Assembly Advocacy and Collaboration Grant Awarded to Ladoris Warren, MD, Assistant Professor, Division of Child Psychiatry