Faculty Advising Workshop
Part 2

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QUIZ
ERAS v. NRMP

A. These are the same
B. These are different
C. Students need only apply to one or the other
D. These are components of the Match
E. ERAS has four components including LorP
ERAS and NRMP

• These are separate services offered by two different organizations, and each requires its own registration

• FAQ’s:
  – I have already registered with ERAS; do I still need to register with NRMP? YES
  – Am I required to have an NRMP ID to submit with my ERAS application? NO
When should I take my Step 2 exams?

A. Anytime before graduation
B. Third year just to get it over with
C. During internship
D. Early in the 4\textsuperscript{th} year \textbf{before} November 1
What do I do with my letter of recommendation once it is written?

A. Fax it to each program the student is applying to
B. Send it to Memphis
C. Give it back to the student to edit
D. Upload it to ERAS through the LorP
NRMP Main Match Calendar
https://www.nrmp.org/calendar/main-residency-applicants/

- September 15, 2021 – January 31, 2022  Applicants must register for the NRMP MATCH
- October 1, 2021   Medical Schools upload MSPE packets into ERAS
- February 1 – March 2, 2022  Applicants must enter Rank Order List and Certify within the NRMP ROL System
- March 14, 2022   MATCH Week begins
  - March 14  Applicant Match Status and Program Fill Status are available at 9 AM ET
  - Supplemental Offer & Acceptance Program (SOAP) begins at 10 AM ET
    (Applicants can begin preparing applications in ERAS if unmatched. They cannot communicate with a program until contacted by the program.)
- March 17, 2022  SOAP Round 1 (9 – 11 AM ET)
- March 17, 2022  SOAP Round 2 (Noon – 2 PM ET)
- March 17, 2022  SOAP Round 3 (3 – 5 PM ET)
- March 17, 2022  SOAP Round 4 (6 – 8 PM ET)
- March 17, 2022  SOAP Ends with posting of final unfilled positions (9 PM ET)
- March 18, 2022  MATCH Results Released at Noon ET and MATCH Celebrations across the country.
Interview Season
Interviews

**Timing**
- Most between October and January
- Students will not be able to go for all interviews

**Match etiquette and professionalism**
- Expense/travel/time away from school

**Post Interview Communication and “Thank you” notes**
Interviews

Anxiety
What if I don’t get invited for an interview?

Reality
• Most interviews are virtual due to the pandemic and changing trends. How will I pay for the travel if in-person travel is permitted?

Second visits?

The GRAPEVINE!
• (extremely powerful “media” amongst students on the interview trail)
Surgery PD

• Why do you want to be a surgeon?
• How do you know you have what it takes to be a surgeon?
• What do you like most about our program?
• If for some reason you couldn't be a surgeon, what else would you do?
• Describe your ideal practice after residency.
Family Medicine PD

• What about our program interested you?
• What type of hospitals did you rotate at? Academic Centers, Community Hospitals, etc., follow up: what were you responsible for ..., i.e., shadowing or seeing patients independently with oversight?
• What procedures were you exposed to? i.e., OB deliveries, suturing, gyn procedures, paracentesis, central lines, etc.?
• Who influenced you the most in regards to your specialty decision and why?
• Describe your perfect residency ...
• What are your plans post residency?
Emergency Medicine Chair and PD

- Why are you going into Emergency Medicine?
- What are you looking for in an EM Residency Program?
- What are your future plans? Where do expect to be in 10 years from now?
- Tell me about a mistake you made or a patient’s care that did not go well – and tell me what you learned from the case?
- Dr. Mendiratta
- How do you learn best?
- What was the most challenging part of your training? Why?
- Why EM?
- What are your wellness habits?
- What kind of program do you need to succeed?
More:

• Tell me about yourself
• Tell me about a recent case you had which went well and one that did not
• Tell me about the research/meeting presentation/posters you have listed in your CV; know your own research
• Do you have any questions about our program?
• What are your weaknesses and your strengths?
And More:

- Social media footprint
- Thank you notes
  - Send a note to those who interviewed you and the PD to reaffirm your interest in the program
- Second look
  - What if you cannot take advantage of this?
Match Etiquette

It is a breach of Match Agreement if:

• A program requests an applicant to reveal specifics of where they are applying

• A program to request an applicant to reveal ranking preferences

• A program/applicant to suggest or inform an applicant that placement on a rank order list is contingent upon submission of a verbal or written statement indicating the program/applicant’s preference
Rank List

- Where to start?
- The Match favors the student
- Don’t try to outwit the Match
- No interview $\rightarrow$ no rank
- Make sure the student is happy with ALL rank list entries (there is a finite chance that the student could Match with the last program on the rank list)
- **ONLY** rank programs in the specific order of your true preference
- **DO NOT** rank programs you do not want to consider
Rank List: more

• How long should my rank list be?
  – Length depends on multiple factors:
    • Your competitiveness and the competitiveness of the programs to which you are applying
    • The types of programs to which you are applying (academic vs. community-based vs. rural)
    • Rank list not too short and not too long
    • “Safety” programs?
      – Would I be better off unmatched and enter the SOAP?
Rank lists: more
What is Plan B?

A. Match protection
B. All students need a plan b
C. Only surgery students need a plan b
D. “I won’t need plan b; I’ll just enter the SOAP”
How the NRMP Match Day Algorithm Works

On the applicant’s rank order list, is there an available slot at the (next) preferred program?

- Yes:
  - Tentative match
  - The algorithm goes through all of the applicants.
  - Where there enough other applicants that were higher up on the program’s rank list to be bumped off?
    - No:
      - Official match
    - Yes:
      - Proceed to the applicant’s next choice.

No:

Listen to the full Audio Podcast explanation here:

http://medical.mastermind.community/blog/how-the-nrmp-match-day-algorithm-works
M3 to M4 students seek advice about:

- Academic schedules (January)
  - When do I do my JI?
  - Should I do an away rotation?
  - When should I take Step 2 CK/CS?
- Career interests
- Research advice
- HONEST advising
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Couples Matching
Couples Matching

• Any two applicants who wish to be matched as a couple can link their rank order lists in the Match

• EACH partner of the couple must enroll individually in the Match and indicate in the R3 system that they want to participate as a couple
Couples Matching

• The couple will match to the most preferred pair of programs on the rank order lists where each partner has been offered a position.

• If applicants do not obtain a match as a couple, the algorithm does NOT process their lists separately to find possible match for each individual.
Couples Matching

• The Match algorithm considers only a couple’s primary rank order lists when attempting to find a match and does NOT consider a couple’s supplemental rank order as a unit

• There are additional Match fees for each member of a couple which are nonrefundable even if the applicants decide to uncouple
Creating Rank Order Lists as a Couple

• The partners must have the same number of ranks

• Each program ranked by one partner must be paired with an active program and or with an indication of “No Match” by the other partner

• Using the “No Match” option means that one partner is willing to be unmatched if the other partner matches to a position in the program designated at that rank
Rank Order Lists

• A program can be ranked more than once on a partner’s rank order list provided the corresponding rank on the other partner’s list is different

• Rank order lists should NOT be certified at the same exact moments (the system must check the second partner’s list for duplicate pairing)

• Couple’s rank order lists should be “certified” well before the ROL deadline
Uncoupling

• If a couple chooses to participate in the Match as individuals or if one partner wants to withdraw from the Match, **BOTH** first must uncouple in the R3 system

• Once uncoupled, each remaining partner must adjust their rank order list by removing duplication programs and re-certifying it before the ROL deadline
2021 Couples Match Data**

- Number of couples: 1,224*
- This means that the Couple Match rate was 93.4%*

* Indicates the highest on record
**Numbers do not include SOAP results.
When to inform programs that you are couple’s matching?

- Personal Statement
- When scheduling an interview
- During an interview
- In the “thank you” or follow up notes
- Students are NOT required to tell programs they are couples matching
Military Match
Military Match

- Military Match is much earlier than the civilian match
- Applications are submitted in September of the M4 year
- Interviews completed by November
- Away rotations MUST be done before then to be helpful
- The Joint Service GME Selection Board ranks and “matches” everyone
Military Match

• If a student has a military obligation, he/she must apply to the Military Match and the civilian match (ERAS)

• 3 outcomes:
  – A military residency is obtained
  – A civilian residency is obtained with military deferment
  – A military transitional internship is obtained
Military Match

• If the student is selected for a military residency, he/she will serve as an active duty physician
• Time in residency does NOT count towards any service commitment
• Student will be withdrawn from the civilian match (ERAS) if he/she matches in the military
• Civilian interviews should be done in late December/January
• The JSGMESB uses a structured point system to rank all applicants
Military Match

- The JSGMESB uses a structured point system to rank all applicants
  - Success in med school (class rank, etc)
  - Suitability (letters of recommendation, clerkship evaluations)
  - Prior military service
  - Research
What if I don’t match?

• Military medical students who do not match in their chosen field may reapply the next year during their internship
• Consider switching into a military residency in another field if available
• Do a one year civilian or military internship (Transitional PGY-1 year)
• Afterwards, the student may:
  – Reapply to a residency
  – Serves as a General Medical Officer (GMO) which fulfills active duty service obligation
REFERENCES: Couples Match


• https://youtu.be/5TXsLmGTFFQ (Couples Match Videos)
References: Military Match

• http://medicineandthemilitary.com/officer-and-medical-training/residency-and-match-day
• http://medicineandthemilitary.com/officer-and-medical-training/medical-school-timeline
• http://www.gsacep.org/aws/GSACE/pt/sp/students
• https://www.emra.org/students/Military/?terms=military%20match
• http://www.amsus.org