

## CHOOSING A SPECIALTY

### THE 5 Ps:

- **PATIENTS:** who are the **people** you will see?
- **PATHOLOGY:** which **disease states** will you address?
- **PROCEDURES:** what will your **hands** do?
- **PERSONALITY:** who will your **colleagues** be?
- **PRESENCE:** what is your **passion**?

### PROCEDURAL VS. NON-PROCEDURAL

### SURGICAL VS. MEDICINE:

#### **Why?**

- Intellectual Stimulation
- Role Models
- Personality
- Passion

#### **When?**

- Late M3 / early M4 year

#### **Sub-Specialties:**

- Cardiology, Endocrinology, GI, Heme/Onc, ID, Nephrology, Rheumatology
- ENT, Neurosurgery, Ophthalmology, Orthopedics, Plastic Surgery, Urology

### ACADEMIC VS. NON-ACADEMIC FOCUS:

#### **Unsure?**

- Maximize your **OPPORTUNITIES:** build your portfolio
- Work **HARD**
- Be **PROACTIVE:** find a mentor/advisor
- Have your CV ready

#### **Remember:**

- Change is OK!
- Options: Transitional Year / Preliminary Year