

UTHSC Center for Health System Improvement Certification Programs

DESCRIPTION OF CERTIFICATION PROGRAMS

The Center for Health System Improvement (CHSI) started developing lay Health Coach–Community Health Worker (CHW) training programs in 2016 as part of its Patient-Centered Outcomes Research Institute (PCORI)-funded Management of Diabetes in Everyday Life (MODEL) Program. Since then, faculty and staff in the CHSI have been in the process of developing CHW certification programs to strengthen, share, and disseminate training resources and opportunities to stakeholders across Tennessee. The programs are designed to meet the diverse needs of non-clinical and clinical staff across a continuum of training needs and interest.

1. Motivational Interviewing Certification Program

Credit hours: 12-14 hours

Description: This interactive, self-paced program has six modules and serves as a comprehensive introduction to the motivational interviewing approach.

Learning design: Didactic lecture, practice activities, videoclips, partner activities with review questions, feedback on assignments, and competency assessment of coaching skill-set.

Passing Requirements: Completion of modules, satisfactory completion of assignments, competency assessment benchmark reached of “client-centered” or higher.

Planned Launch Date: October 1, 2020

2. Chronic Care & Lifestyle Management Certification Program

Credit hours: 12-14 hours

Description: This interactive, self-paced program serves as a guide for an overview of behavior change theory and strategies, best practices of self-management prescribed for the most common chronic conditions, and evidence-based lifestyle management practices.

Learning design: Didactic lecture, practice activities, feedback on assignments, and multiple choice exam assessment.

Passing Requirements: Completion of modules, satisfactory completion of assignments, passing score on competency-based exam

Planned Launch Date: October 1, 2020

3. Health Coach Certification Program

Credit hours: 24-28 hours

Description: Health Coach Certification granted to individuals who successfully complete/pass both MI Certification and Chronic Care & Lifestyle Management Certification Programs detailed above.

Planned Launch Date: October 1, 2020

4. Community Health Worker Certification Program

Credit hours: 12-14 hours

Description: This interactive, self-paced program serves as a guide for best practices of patient outreach and advocacy, care coordination and system navigation, cultural competency, and literacy, along with an overview of evidence-based chronic care and lifestyle management practices.

Learning design: Didactic lecture, practice activities, feedback on assignments, and multiple choice exam assessment.

Passing Requirements: Completion of modules, satisfactory completion of assignments, passing score on competency-based exam.

Planned Launch Date: January 1, 2021

UTHSC Center for Health System Improvement Certification Programs

5. Patient Navigator Certification Program

Credit hours: 24-28 hours

Description: Patient Navigator Certification granted to individuals who successfully complete/pass both MI Certification and Community Health Worker Certification Programs detailed above.

Planned Launch Date: January 1, 2021

As shown in **Figure 1** below, the Motivational Interviewing Certification Program is required core curriculum for both the Health Coach and Patient Navigator Certifications. Both of these certification programs require completion of a combination of two individual certification programs. This modular approach enables both lay and professional participants to mix and match to address different training needs.

Figure 1: Certification Options

