

UT Health Science Center - RETIREES ASSOCIATION

POSTSCRIPTS

www.uthsc.edu/retirees

June, 2016

LETTER FROM THE EXECUTIVE BOARD:

Our President, Mr. Earl Terrell, is recovering from a recent medical procedure and is unable to share his message with you for this edition of the newsletter. As such, the Executive Board of the Retiree Association will present their perspectives for this edition of the newsletter. We extend our heartfelt best wishes to President Terrell during his convalescence and look forward to his future messages.

We would like to start by telling each member of the Retiree Association how much we appreciate all of you and that we recognize the Retiree Association wouldn't be where we are without the contributions made by each and every one of our members. This year has been a year of growth, change and transition. The Executive Board is pivoting to better address the needs of an ever changing constituency. This new edition of our newsletter is evidence of one of the many changes we are considering in our efforts to refurbish what we consider to be our primary source of communicating with our members. We are assessing all of our resources, both financial and human capital, to better determine innovative ways to leverage those resources to better serve you. We are reaching out to all members to share with us some of the exciting events that are happening in your life for presentation at our general body meetings and/or to be published in our newsletter. This is all inclusive, any novel recipes, exotic vacations, family editions, etc. We want to hear from you.

With our executive team in place and with the help of our awesome members, we are really looking forward to the immense possibilities for the rest of this year but also next year. We want our reputation for excellence to spread to all of our members and potential new members. In a nutshell, that is the Executive Board of the Retiree Association's goal for our members.

Thank you for all you do.

General Membership Meeting

WHEN: Thursday, June 16, 2016

TIME: 11:30 AM - 1:30 PM

WHERE: Room 305, Student Alumni Center

LUNCH: Reservations Only: Call **Andrea Crisler** (870) 732-4811, email acrisler@uthsc.edu to **make reservations on or before Monday, June 13.** Family members and guests are welcome.

COST: \$9 (First time attendees receive free meal.)

PARKING: Free parking in the garage next to SAC. UTHSC ID required to enter garage.

GUEST SPEAKER:

GENIE ASHWORTH

Being a Master Gardener

DO YOU HAVE NEWS?

Please send any items of interest for Postscripts to

Andrea Crisler, Editor. Email to acrisler@uthsc.edu or mail to

P O Box 254, West Memphis, AR 72303

ID BADGES REQUIRED !!

Retirees must have UT ID Badges to enter the SAC and the Parking Garage. Badges are free and maybe procured at the UT Campus Police Office.

RECENT RETIREES

CONGRATULATIONS AND WELCOME!!

Pamela Conner Professor, Preventive Medicine

Nancy Stuart Administrative Aide, Surgery

Julius Jennings Lead Painter, Facilities

Shirley Smith Admin. Specialist, Ophthalmology

Charlean Luellen Research Asst., Physiology

Vanessa Phillips Accounting Asst., College of
Ophthalmology

Dana Cleborn Police Dispatcher, Campus Police

Robert Belland Associate Professor, MIB

Robert S. Wilroy Professor, Pediatrics

Louis Milem Janitor, Facilities

Firginia Butler IT Administrator, IT

In Memoriam

Henry Leigh Adkins, M.D. March 25, 2016. He was a member of the Alamo Scouts during World War II and among the first troops to occupy Japan. He earned his MD degree at the University of Illinois and his OBGYN residency was at UT. He joined the practice of Dr. William Maury, and in 1986 established MOGA with Dr. John Gayden. He delivered over 7,000 babies in his time and was in active practice until 2008.

Charles Thomas Langford, Jr., M.D., Pharm D. May 9, 2016. Served in Viet Nam as a flight surgeon, specialist in nephrology.

William F. Smith, D.D.S May 4, 2016. Part time Instructor at UTHSC College of Dentistry, member of U.S. Coast Guard Auxiliary and U. S. Power Squadron.

REMINDERS:

* UT Retirees may use the UT Recreation and Fitness Center free of charge. For hours of operation and other information, call 448-5612.

* ID Badges are required to enter the SAC and the UT Parking Garage. Retirees may obtain badges at no charge at the UT Campus Police Office. See Sgt. Avis before any Thursday luncheon meeting to have your free ID Badge made.

* Visit the UT Retirees webpage for current notices and for past issues of PostScripts. Go to:
<http://www.uthsc.edu/retirees>

* An office has been established on-campus for the Association in the SAC building for assistance to those considering retirement or more information about the Retirees Association.

2016 Board Meeting And Luncheon Schedule Mark your calendars

June 16, 2016 Luncheon Meeting

August 18, 2016 Board Meeting

September 15, 2016 Luncheon Meeting

November 17, 2016 Board Meeting

December TBA (to coincide with

Chancellor's Holiday Party)

UTHSC RETIREES ASSOCIATION OFFICERS AND BOARD MEMBERS 2015 - 2016

Past President and

Chairman of the Board Bobby Thomas

President Earl Terrell

Vice President Pam Vaughn

Secretary Andrea Crisler (2016)

Treasurer Marsha Ewart (2016)

HR Support Debbie Jackson (ex officio)

Administrative Support Liz Roemer (ex officio)

AT LARGE BOARD MEMBERS

Terms expire in 2016

Roni Engle

John Crisler

Terms expires in 2018

Lue Ida Walls-Upchurch

Larry Qualls

Vic Crutchfield

Barbara Culbreath

Newsletter Editor

Andrea Crisler (appointed)



Retirees Association
Membership dues
Annually - \$5.00
Lifetime membership - \$50.00

Guest Speaker for June Luncheon
Being a Master Gardener
UTHSC Retiree, Genie Ashworth



Genie Ashworth, a graduate of Washington University, Barnes Hospital School of Nursing, had an amazing career of almost 50 years at UT and its affiliates. She was first the supervisor

of Surgical Research Lab in the old Pathology Building. She was a cardiopulmonary perfusionist on the “old” disc oxygenator, and went on to fulfill roles including certified heart transplant coordinator, NASPE certified electrophysiology, cardio-thoracic clinical nurse specialist/coordinator/case manager. Genie is very grateful that in her 50-year career there were a lot of excellent growth opportunities AND fond memories!

One of Genie’s long term volunteer involvements – “PASSIONS” – has been Haiti Medical Missions of Memphis. Her other volunteer “PASSION” is with the UT Extension Service as a Master Gardener. This will be her talk topic at the Retiree’s Association Luncheon on June 16, and she hopes to recruit a few more UT retirees to pursue this wonderful UT volunteer program. Please join us for this inspiring presentation!

Highlights from March Retirees
Luncheon Guest Speaker:

Dr. William Young

Dr. Young addressed issues facing retirees. There are two different emotions on retiring: JOY – one has been working toward this and SADNESS – the loss of friends and family. It is a new status and one should study it. Understanding this change there is a wide range of emotions: joy, freedom, optimism, sadness, anxiety and pessimism. Some people become isolated, but one needs to stay connected to friends, community and organizations and should explore a purpose of life. One needs to stay active and have satisfying relationships.

Retirees need to consider their self-identity. A job defines who you are – work with that. Look at the glass as half-full, not half-empty, sometimes we have to self-talk. Do what you want to do – retirement gives you the right. We do start experiencing some limitations as we get older, but by keeping in touch with people and organizations we find a new identity. Stay engaged. ***Just because you are retired does NOT mean you are not needed.*** There are many areas where a person with your accumulation of years of wisdom and the time to give may find a new purpose of life and enjoy the fulfillment you deserve.

Retirees Office Now Open

The NEW Retirees Office in the SAC, Room 312 B, will be open 2nd and 4th Wednesday’s of the month (unless UTHSC is closed), 11:30 am to 1:30 pm. The phone number is (901) 448-5069. We want to be available to retirees and those considering retiring to answer questions, relate pros/cons from our experiences or to refer people to the person knowledgeable to answer your questions.

If you know someone with questions about retiring from UT, please refer them to this new service.

Again, thanks to everyone who has responded to this appeal.

We are updating the UTHSC Retirees Association member information. Many of you have responded to this request and it is much appreciated. If you have not filled out the form, please do so and bring it with you to the next Luncheon or mail it to

Andrea Crisler
PO Box 254
West Memphis, AR 72303

Thank you for assisting us with this effort.

UTHSC RETIREES ASSOCIATION
MEMBERSHIP INFORMATION UPDATE

Name: _____

Address: _____

Primary Phone: _____

Add'l Phone: _____

Primary Email Address: _____

Additional Email Address: _____

_____ Check here if you are a paid Lifetime member

We are in the process of updating our paid membership status as well as membership information. Several retirees have inquired about their dues, so we will contact you when we have it compiled. Thank you.