Caregivers of Family Members with Dementia or Memory Loss

We want to REACH more Dementia Caregivers!!

Do you have effective, evidence-based support for the caregivers of persons with Alzheimer's disease and other kinds of dementia in your Tribe or community? If not, then you need the REACH intervention.

Tribal and IHS Public Health Nurses, Community Health Representatives, and Senior Center and Caregiver Support staff who will be working with persons with Alzheimer's and other dementias are eligible for training and certification for the REACH (Resources for Enhancing Alzheimer’s Caregivers Health) intervention.

Thanks to funding from the Rx Foundation, for the next three years, the Memphis Caregiver Center is providing training, certification, ongoing coaching, and all materials at no cost to you. Training is a one-time 3 hour webinar and is open to all individuals interested in the intervention. Certification as a REACH Interventionist is limited to those who will actually be offering support services to caregivers.

As a certified interventionist, you will deliver four core sessions focusing on caregiver skills in problem solving, positive thinking and stress management. The intervention can be delivered over two to three months by phone or face-to-face delivery.

The REACH intervention has been shown to decrease caregiver depression, burden, and frustrations, and reduce the number of challenging patient behaviors reported.

REACH Community is focused and efficient; it helps maximize your time and interaction with caregivers by providing a structure for giving them exactly what they need.

Staff wishing to be certified will have training materials shipped directly to their site. Certified interventionists can request notebooks be shipped to them at no charge as they enroll caregivers in the program.

Let’s make sure that Caregivers in every Tribe and community across Indian Country have the support they need to care for their loved one with Alzheimer's and other kinds of dementia!

For more information or current training dates please contact:

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