

PHYSICAL EXAMINATION MASTERY SKILLS

Student's Name _____

Please have your residents OBSERVE you performing these skills. They should initial in the respective Box, if completed appropriately.

▼ OBSERVER'S INITIALS

	HPI
PMHx	
	Birth Hx
	Hosp., Surgery, Injury
	Medication and Allergies
	Family Hx and Social
	Development
	Immunizations
	Diet and ROS
GENERAL	
	Vital Sign Interpretation
	Growth Parameters
	State of Hydration
HEENT	
	Fontanelles
	Otoscope technique
	Safely performs 2 immobilizing techniques for ear exam
	Examines and describes ear exam correctly of normal ear and abnormal ear (color, contour, mobility, translucency)
	Correctly performs insufflation of tympanic membranes
	Correctly performs eye exam on child ≤ 3 years old: red reflex, convergence, cover test, pupils, EOMs
	Safely performs immobilizing techniques mouth/oral pharynx/teeth
	Examines and correctly describes mouth/oral pharynx exam
CARDIOVASCULAR	
	Stethoscope technique correctly – bell & diaphragm
	Correctly describes heart sounds, rate, rhythm
	Correctly describes murmur and identifies pathophysiology of at least one murmur
	Correctly palpates pulses and precordial activity
	Correctly assesses perfusion with capillary refill

Comments: _____

▼ OBSERVER'S INITIALS

RESPIRATORY	
	Stethoscope technique correctly uses diaphragm bilaterally
	Correctly describes breath sounds and identifies increased or decreased breath sounds
	Correctly identifies wheezes
	Recognizes and describes increased work of breathing (tachypnea, retractions, flaring).
	Correctly identifies crackles
ABDOMEN	
	Describe shape and tone
	Determines presence of bowel sounds
	Appropriately elicits tenderness/pain from young child
	Scratch percussion of liver or mass
GENITALIA	
	Tanner stages (at least one other than Tanner 1 stage)
	Appropriate exam during well child visit of male and female genitalia
EXTREMITIES	
	Spine - check for scoliosis
	Assess child ≤ 2 years old with abnormal exam of feet/ankles
SKIN	
	Unclothed appropriately
	Accurately able to DESCRIBE skin lesions (not necessarily diagnose)
NEUROLOGIC	
	Correctly elicits infant reflexes or neurologic signs (moro, ATNR, head lag, landau, parachute, head control, tracking, grasp).
	Determines Mental status
	Tests CN II-XII
	Tests for ataxia
	Correctly assesses DTRs
	Tests for motor strength
	Tests for sensory function