

Date of Preparation April 30, 2018

Shaquita A. Starks, PhD, RN, APRN, PMHNP-BC, FNP-BC

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EDUCATION:

Undergraduate:

Holmes Community College Grenada, MS	06/1995-05/1998	ASN	05/1998
University of TN Hlth Science Ctr Memphis, TN	07/2005-12/2006	BSN	12/2006

Graduate/Professional School:

University of TN Hlth Science Ctr Memphis, TN	07/2006-12/2007	MSN	12/2007
University of TN Hlth Science Ctr	08/2007-05/2016	PhD	05/2016

Postgraduate Training

University of MS Medical Center Jackson, MS	07/2015-05/2016	PMHN	05/2016
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RESEARCH AND OTHER EXTERNAL SUPPORT:

Minority Fellowship Program Post-Doctoral Fellowship, Substance Abuse and Mental Health Services Administration Minority Fellowship Program, American Nurses Association, Silver Springs, MD., **\$47,000**, 2017.

Predictors of Quality of Life: African American Women Who Care for Persons Receiving Dialysis. Dissertation. Fellowship grant from Substance Abuse and Mental Health Services Administration Minority Fellowship Program, **\$60,000**, 2014-2016. (**S. Starks**, Principal Investigator). Grant#2T06SM060559-04.

Stipend award from Robert Wood Johnson Foundation (RWJF), New Connections Biannual Symposium-Invitation only. **\$650**, 2017.

Culture of Health Leadership Program. RWJF. Nurture the Nurturers. (**application in review**), \$20,000 annual stipend for 3 years (total \$60,000), and \$35,000 for project in 3rd year, 2018.

OTHER SUPPORT:

See What I'm Saying (SWIS): A Pilot Study Using Photovoice in African-American Women Caring for Children with Chronic Conditions. **\$3000**, 2017-present (**S. Starks**, Principal Investigator). Intramural Grant.

The University of Tennessee Health Science Center Faculty Research Incentive, **\$785**, 2017.

Nurse Corp Loan Repayment Program for underserved faculty, **\$65,000**, 2017.

HONORS/AWARDS:

Honorary Organizations:

Sigma Theta Tau International Nursing Honor Society 2007
 Memphis, TN

Institutional, regional, national, or international awards:

Tennessee Primary Health Care Association Residency Fellowship 2006-2007
 Health Loop, Hollywood Clinic, Memphis, TN

Student and Postdoctoral Trainee Fellowship Application Incentive 2015
 College of Graduate Health Science
 The University of TN Health Science Center, Memphis, TN

Minority Fellowship Program Pre-Doctoral Scholar 2014-2015
 Substance Abuse and Mental Health Services Administration
 Minority Fellowship Program, American Nurses Association, Silver Springs, MD

John Autian Student Enrichment Fund 2015
 College of Graduate Health Science Travel Award
 The University of TN Health Science Center, Memphis, TN

Minority Fellowship Program Pre-Doctoral Scholar 2015-2016
 Substance Abuse and Mental Health Services Administration
 Minority Fellowship Program, American Nurses Association, Silver Springs, MD

1st Place Ph.D. Presentation 2016
 Substance Abuse Mental Health Services Administration
 Minority Fellowship Program. Intensive Training Institute
 Florida Atlantic University, Boca Raton, FL

Black Student Association's Outstanding Scholar 2016
 College of Graduate Health Sciences
 The University of TN Health Science Center, Memphis, TN

Minority Fellowship Program Post-Doctoral Fellowship Scholar 2016-2017
 Substance Abuse and Mental Health Services Administration
 Minority Fellowship Program, American Nurses Association, Silver Springs, MD

TEACHING EXPERIENCE:

Course	ID Number	Credits	Students	Role
Methods for Evaluation of Practice	NSG860	3(3-0)	20(2018-Sp)	Asst Professor
Methods for Evaluation of Practice	NSG860	3(3-0)	16(2017-Sp)	Asst Professor
Theory and Philosophy in Nursing	NSG910	4(4-0)	(2015-F)	Teacher's Asst
Scientific Dissemination	NSG924	3(3-0)	(2014-F)	Teacher's Asst
Research/Evidence-Based Practice	NURS4110	3(3-0)	(2011-Sp)	Adjunct Instr
Ethical Dialogue	NURS4335	3(3-0)	(2011-F)	Adjunct Instr
Health Assessment	NURS3103	3(3-0)	(2010-F)	Adjunct Instr
Health Assessment	NURS3103	3(3-0)	(2009-F)	Adjunct Instr

BOARD CERTIFICATION:

American Nurses Credentialing Center Family Nurse Practitioner	2008-present
American Nurses Credentialing Center Psychiatric Mental Health NP	2016-present

LICENSURE:

Registered Nurse	MS	Issued 1998	Inactive Status
Registered Nurse	TN	Issued 2000	Active Status
Advanced Practice RN	TN	Issued 2008	Active Status
Certified Nurse Practitioner	MS	Issued 2013	Inactive Status

SOCIETY MEMBERSHIPS:

American Nurses Association/Tennessee Nurses Association
 Beta Theta-at-Large Chapter of Sigma Theta Tau International Nursing Honor Society
 American Psychiatric Nurse Practitioner’s Association
 Southern Nursing Research Society
 West Tennessee Advanced Practice Psychiatric Nurse Practitioners Association

UNIVERSITY (AND COLLEGE) APPOINTMENTS:

Asst. Professor	Univ. of TN Health Science Center, Memphis TN	2017-present
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PRACTICE/PROFESSIONAL EXPERIENCE:

Support Solutions	Psychiatric Mental Health Nurse Practitioner	2018-
University Health	Psychiatric Mental Health Nurse Practitioner	2017-2018
Memphis, TN PRN only		
Chamberlin Clinic	Family/Psychiatric Mental Health Nurse Practitioner	2016-2017
Cordova, TN		
Alliance Health Care	Family/Psychiatric Mental Health Nurse Practitioner	2014-present
Memphis, TN PRN only		
Minute Clinic	Family Nurse Practitioner	2014-2016
Memphis, TN		
Health Care Clinic	Family Nurse Practitioner	2010-2014
Memphis, TN		
Mid-South Gastroenterology	Family Nurse Practitioner	2008-2010
Memphis, TN		
Cross Country TravCorp*-	Registered Nurse	2002
Memphis, TN		
North Fulton Hospital**	Registered Nurse	2003
Alpharetta, GA		
Various Methodist Locations***	Registered Nurse	2002-2004
Memphis, TN		
Baptist Memorial-East****	Registered Nurse	2002-2008
Memphis, TN		
Renal Care Group	Registered Nurse	2001-2002
Grenada, MS		
MS State Dept. of Health	Registered Nurse	2000-2001
Greenwood, MS		
Grenada Lake Medical Ctr	Registered Nurse	1998-2000
Grenada, MS		
MS State Veterans Home	Registered Nurse	1998
Oxford, MS		

Grenada Lake Medical Center Phlebotomist
Grenada, MS

1995-1998

TRAVEL/AGENCY:

Cross Country TravCorp, Boca Raton, FL*
Travel RN, June 2002 to October 2002
Facility: Methodist University Hospital Memphis, TN
Unit: Acute Hemodialysis

American Mobile Nursing, San Diego, CA Travel RN, August 2003 to December 2003**
Facility: North Fulton Hospital
Roswell, GA
Unit: Acute Hemodialysis

Methodist Alliance, Memphis, TN***
Agency RN, October 2002- October 2004
Facilities: Methodist University and Lebonheur Pediatric Hospital Memphis, TN
Unit: Acute Hemodialysis

Gambro, Fresenius, and DaVita, Memphis, TN ****
Staff RN, October 2002-March 2008
Facility: Baptist Memorial Hospital East (Multiple contract changes between facility and dialysis companies).
Facility: Various Outpatient Dialysis units
Unit: Acute/Chronic Hemodialysis

OTHER ACADEMIC APPOINTMENTS:

Adjunct Faculty Instructor University of Memphis Memphis, TN 2009-2011

PEER REVIEWED PUBLICATIONS:

Starks, S., Outlaw, F, Graff, J. C. , Likes, W., White-Means, S., Melaro, L., & Wicks, M. (2018). Quality of life and African American women who are family caregivers: A literature review with implications for psychiatric mental health advanced practice registered nurses, *Issues in Mental Health Nursing*. doi: 10.1080/01612840.2017.1423427

Starks, S., Graff, C., Likes, W., White-Means, S., Wicks, M. (in progress). Social factors and stress predict the quality of life of African American women caregivers of family members receiving chronic dialysis therapy.

RECENT PRESENTATIONS:

Starks, S., Wicks, M., Graff, C. (2018, pending March 23). Using Photovoice to understand stress and coping in African -American women caregivers of children with chronic conditions: A pilot for intervention development. Poster presentation at the 32nd Southern Nursing Research Society (SNRS), Atlanta, GA.

Starks, S. (2016, August). No Stress? Analysis of the Psychological Health and Well- Being of Black Women Who Provide Care to Persons on Dialysis. Poster presented at the TNA District One, Palliative, End of Life, and Hospice Care: Across the Lifespan, Memphis, TN.

- Starks, S.** (2016, October). The Interplay of Social and Economic Factors and Stress on the Quality of Life of Black Women Who Provide Care for Persons on Dialysis. Presentation conducted at the Black Doctoral Network Inc. 4th Annual Black Doctoral Network Conference, Atlanta, GA.
- Starks, S.** (2016, Oct). Socioeconomic Factors and Stress Predict the Quality of Life for Black Women Who are Caregivers of Persons Who Receive Dialysis. Poster presented at the 46th Annual Association of Black Sociologists Conference, Memphis, TN.
- Starks, S.** (2016, June). Understanding the Interplay of Race, Sex, and Gender on the Stress Appraisal of Black Women Caregivers in the South. A Proposal for Qualitative Inquiry. Presented at the 2nd Annual Intersectional Qualitative Research Methods Institute. University of Maryland, College Park, MD.
- Starks, S.** (2016, March). No Stress? Analysis of the Psychological Health and Well- Being of Black Women Who Provide Care to Persons on Dialysis. Poster presented at the Substance Abuse and Mental Health Services Administration Minority Fellowship Program Winter Intensive Training Institute, Boca Raton, FL.
- Starks, S. & Wicks, M.** (2015, February) Quality of Life and Mood Profile of African American Women Caring for Family Members with End-Stage Renal Disease. Poster presented at the 29th Southern Research Society Conference, Tampa, FL.
- Starks, S. & Wicks, M.** (2015, April). Somatic Symptoms of Depression in African American Women Caregivers of Family Members with End-Stage Renal Disease. Presented at Public Health Research Day at The University of Tennessee Health Science Center, Memphis, TN.
- Starks, S. & Wicks, M.** (2015, May). Somatic Symptoms of Depression in African American Women Caregivers of Family Members with End-Stage Renal Disease. Poster presented at Graduate Research Day at The University of Tennessee Health Science Center, Memphis, TN.
- Starks, S.** (2015, June). Quality of Life and Mood Profile of African American Women Caring for Family Members with End-Stage Renal Disease. Substance Abuse and Mental Health Services Administration Minority Fellowship Program Summer Intensive Training Institute. Silver Spring, MD. June 26, 2015.
- Starks, S. & Wicks, M.** (2010). Predictors of Overall Quality of Life Among African American Women Who are Caregivers of Individuals with End-Stage Renal Disease. Poster presented at Alumni Day. Memphis Marriot, Memphis, TN.
- Starks, S.** (October, 2010). Support Interventions for Caregivers of People with Chronic Kidney Disease: A Systematic Review. Nursing Seminar at The University of Tennessee Health Science Center. Memphis, TN.
- Starks, S.** (2009, December). Family Functioning in Informal Caregivers of Patients with End-Stage Renal Disease. Nursing Seminar at The University of Tennessee Health Science Center. Memphis, TN.
- Starks, S.** (2009, October). Identification and Evaluation of the Strength of Evidence for Biological Based Practices and Mind-Body Medicine for Health Promotion in Hepatitis C. Nursing Seminar at The University of Tennessee Health Science Center, Memphis, TN.

COMMUNITY PRESENTATIONS:

Starks, S., Anderson, O., Beasley, T. (2016, May). My Mind is Playing Tricks on Me: Schizophrenia causes, symptoms and treatment. The Den, Memphis, TN. Funded by Grant#2T06SM060559-04.

Starks, S. (2017, Feb)]. “Heart Health and Stress,” “Community Health Awareness Event at the City Hall Auditorium, Grenada, MS.

Starks, S. (2017, March). “Battle wounds: The aftermath of mental warfare in African American Women.” 1st Annual Women’s Empowerment Conference at First Abyssinia Baptist Church, Memphis, TN.

RESEARCH SUPPORT:

2007-10

Role: Research Assistant

INSIGHT for Black Female Caregivers in African American Female Caregivers or Patients with End-Stage Renal Disease. Principal

Investigator –Mona Wicks Ph.D. NIH-R15NR008875

2010

Role: Community Health Worker

Consortium for Health Education, Economic Empowerment and Research (CHEER project).

Principal Investigator-Shelley White-Means Ph.D.

2017*

Role: Camp Nurse Practitioner

Peer-led Asthma Self-Management for Adolescents (PLASMA) Multi-Center Study (R01NR014451).

September 15, 2014 – June 30, 2019., Primary Investigator, Dr. H. Rhee; Co-PI, Dr. Wicks.

SAMHSA/ANA FELLOWSHIP ACTIVITIES:

Biweekly Statistics Study Groups and various webinars pertaining to substance abuse and mental health

2014 Intensive Summer Institute, Silver Spring, MD. “A Mosaic of Behavioral Health

Learning: Capitalizing on Educational, Workforce Development and Federal

Opportunities.” This institute addressed the elimination of health disparities and increasing public awareness of behavioral health needs of children, adolescents and military families. Leaders from other MFP, programs, American Nurses Credentialing Center, ANCC, ANA, SAMHSA, and the Uniformed Service University, and the National Institute of Nursing Research (NINR) were present. Statistical session focused on mediation and moderation, power analysis and sample size estimation, and the use of uni-variate and multivariate statistical analysis.

2016 Intensive Winter Institute, Boca Raton, FL. “Eliminating Health Disparities: Integrating Nursing

Models of Success.” This institute focused on the history of nurse-managed care and featured MFP alumni’s nurse managed integrated health models of care. Speakers from various disciplines and ethnic backgrounds participated and Dr. Pamela Cipriano was the keynote speaker. This institute included statistical sessions and poster presentations.

2016 Intensive Summer Institute, Anchorage, AL. Theme TBA “Creating a Bridge to Health Equity for Indigenous People.” The objectives for this institute is to Explore the history and challenges of providing culturally and linguistically appropriate nursing approaches to reduce health disparities among indigenous people; Describe a culturally and linguistically appropriate evidence-based model and intervention that

has been implemented to reduce substance use and other risk behaviors among indigenous youth; Describe the steps in developing publishable manuscripts for peer-reviewed journals; Explore career options and opportunities post-graduation and the required preparation; Discuss the Science of Heart Math and demonstrate its use to reduce stress and enhance well-being.

OTHER TRAINING/INSTITUTES:

2016 Healthy Nashville Leadership Council on Adverse Childhood Experiences. March 2016. Nashville, TN.

June 2016 Intersectional Qualitative Research Methods Institute (IQRMI) at the University of Maryland, College Park (UMCP). This intensive five-day institute provided instruction in methodological skills, writing, and navigation of institutional norms.

2017 Precision Health at the Nursing Institute of Nursing Research, “Precision Health from ‘Omics’ to data science boot camp. This was a five-day intensive boot camp in which participants learned about pharmacogenetics and its applicability in practice to improve patient outcomes and reduce adverse effects of prescription medication. Acquired knowledge about the microbiome and its implications in mental and physical health disorders, and clinomics.

Currently attend Patient Centered Outcomes Research Institute (PCORI) grant team activities with current primary mentor, Dr. Jim Bailey, Preventive Medicine, at The University of Tennessee Health Science Center. MODEL Study. Mydiabetescenter.org

COMMITTEES:

The University of Tennessee Health Science Center, College of Nursing, Admissions Committee

The University of Tennessee Health Science Center, Doctor of Nursing Practice Strategic Committee

The University of Tennessee Health Science Center, PhD faculty, committee

The University of Tennessee Health Science Center, Quality Enhancement Plan (QEP) Proposal Development Committee

The University of Tennessee Health Science Center, Health Committee

The University of Tennessee Health Science Center, Curriculum Committee

Dissertation committee member, Nursing science, PhD Program

The University of Tennessee Health Science Center, College of Graduate Health Sciences

2018- Ryan Blue. *Title TBD*

2017- Jenn Dolgoff. *Title TBD*

National Board Membership

SAMHSA/ANA Alumni Executive Board Member, Social media manager

Black Nurses Student Association, Advisor

OTHER STUDENT MENTORSHIP:

Volunteer SAMHSA/ANA alumni mentor

2018- Marie Smith-East, PMHNP-BC University of Central Florida

Volunteer graduate research assistant mentor

2017-2018 Alexis Franklin, RA Rhodes College

Undergraduate BSN student (EBP) course

2018- Piper Danielle Black UTHSC

VOLUNTEER SERVICE:

2008 “Feed the Homeless,” Volunteer Homeless Meal Service.
2009 Moriah House of Memphis Union Mission, Mentor Coach/volunteer for female residents.
2009 Mustard SEED Inc., Professional healthcare vol. for Mustard SEED Inc., Memphis, TN.
2010 Salvation Army Homeless Women’s Program, Women’s Empowerment Initiative.
2011 MIFA Housing, Life and Wellness workshop. Nutrition.
2012 Women of SSS (Style, Spirit, and Success), Teen Summit Nutrition.
2013 Memphis Artists for Change Quarterly Food Bank Sort, *Ongoing* volunteer
2013 Church Health Center, Volunteer Nurse Practitioner.
2017 UTHSC annual health fair
2017 Peer-led Asthma Self-Management for Adolescents Camp Nurse Practitioner
2017 Omicron Sigma Chapter, Sigma Gamma Rho Sorority, Inc. Project CRADLE care, vol.
2017 Mind, Body, Beat. Community Health Awareness, Speaker.
2017 Memphis Lupus Support Group, guest community educator
2018 Relative Caregivers Program Invited guest community educator.

SOFTWARE EXPERTISE:

Various EMR systems: EPIC, Essentia, Centricity, CERNER, Practice Fusion, NextGen
Statistical Software: SPSS, NVIVO; Data Spreadsheets: Numbers, Microsoft Excel
Other: Microsoft Word, PowerPoint, KeyNote, Numbers, Adobe Spark