# THE UNIVERSITY OF TENNESSEE HEALTH SCIENCE CENTER URSING Spring 2008

# UTHSC Nurse-Scientists Improve Health Through Research

#### **Alumni Board of Directors**

President Rita Kimbro Miller (2008) '71 Dickson, Tenn.

President-elect Madge Richbourg Saba (2008) '66 Memphis

Vice President Alice Parham Nunnery (2009) '71, '95 Murfreesboro, Tenn.

Secretary Sari Bledsoe (2009) '64 Marion, Ark.

#### **Tennessee Representatives**

West Michael Briley (2009) '05 Medon, Tenn. Sam Maceri (2009) '01, '02 Cordova, Tenn. Tammara Harris Beard (2009) '94, '98, '03 Memphis Middle Barbara Diebold Alheit (2010) '84 Burns, Tenn. Alice Parham Nunnery (2009) '71, '95 Murfreesboro, Tenn. East SuAnne Cobb (2008) '76 Knoxville, Tenn. Cathy Hammons (2010) '03 Powell, Tenn. Patti Ketterman (2010) '06 Newport, Tenn.

#### **Out-of-State Representatives**

Sherry Barry (2010) '73 Tampa, Fla. Sari Bledsoe (2009) '64 Marion, Ark. Elizabeth Fuselier (2009) '93, '95, '05 Houston, Texas Mayola Rowser (2009) '05 Evansville, Ind.

#### Representatives-at-Large

Paula Spears (2009) '84, '02 Bartlett, Tenn. Charmin Thomas (2009) '93, '98, '01 Memphis Johneene Whitmore (2009) '93, '01 Bartlett, Tenn. Carol Headley (2009) '04 Memphis Debbie Crom (2009) Memphis

Sigma Theta Tau Dianne Greenhill (2008) '62 Memphis

Immediate Past President Irma Jordan '97, '98 Arlington, Tenn.

### **Dean's Message**



This issue of your alumni magazine is chock full of news about activity occurring across our campus, our college's community outreach activities, and, of course, the impressive research contributions of our faculty. UTHSC is clearly on the move with a host of new people in leadership positions and new buildings going up across our campus. What is not so evident in this publication, which only announces these new additions, is the intense commitment across campus to rapidly enhance our ability to further excel in our mission to provide quality higher education,

economic development and improved quality-of-life opportunities.

Our primary mission has to be provision of quality higher education. The CON has a century-long history of achieving this mission through our degree-granting programs. However, in this edition of the alumni magazine you'll discover how our educational mission is also being addressed through community outreach activities. Highly acclaimed continuing education programs are attracting public health and forensic nurses from across the nation, while local cancer screening programs address a major health need in our local community.

Finally, the focus of this edition of your alumni magazine is on the work being conducted by our faculty research scientists. Recent efforts to ramp up our research enterprise are described in several articles about our new structure, staff and resources. As you read about the work of just a few of our faculty and how they are making a difference in lives of real people, it is easy to recognize the valuable contributions of nursing research. Whether it's genetic research in the laboratory, high-tech implantable cardiac devices, or collaboration to improve quality of life; our nurse-scientists and graduates, as Dr. Driscoll's (PhD, 2005) essay demonstrates, are improving health through their research.

A lot is happening at UTHSC and at the College of Nursing in particular. We invite you to come to campus, see the changes as they are occurring and join us in envisioning the **FOTURE**.

Past Presidents

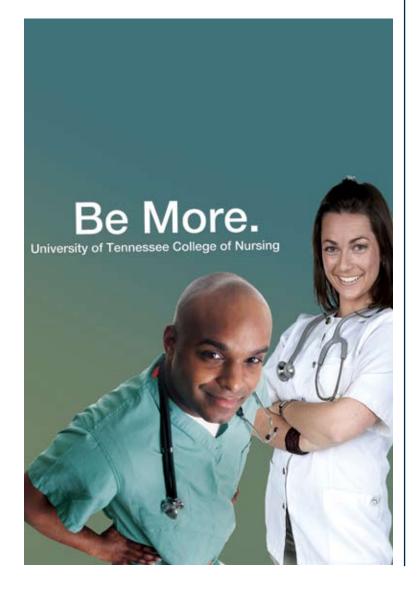
Janet McMurray (Jan) Johnson '76 Carolyn Moran DePalma '56 Alice Upchurch Warren '65 Areti (Tina) Moskos Klein '86 Carol Denise Graham '86 Patricia Fuqua Walker '56 SuAnne Cobb '76 Terri Boyd Jacobs '74 Jo Ann Kyle '54

Ama Machanday

Donna Hathaway, Dean V University of Tennessee Health Science Center College of Nursing

### THE UNIVERSITY of TENNESSEE HEALTH SCIENCE CENTER

COLLEGE of NURSING



# Contents

### NEWS

• Interim Titles Removed for Top **UTHSC** Leaders

4

8

12

14

17

19

#### Feature

• UTHSC Nurse-Scientists Improve Health Through Research

### CAMPUS PROGRESS

- Memphis Mental Health Institute
- RBL Leaders Continue to Communicate

### **S**TUDENTS

2007 Graduates

### Development

What is the CON HELP Center?

### Alumni

- 2008 Alumni Awards
- Outstanding Preceptors

#### Nursing Magazine Editorial Team

Sheila Champlin Karin Eggert Rebecca Ennis Susan Jacob Anne Manning Barbara McAdams Ramona Pierce

The University of Tennessee Nursing Magazine is published in the spring each year for graduates of the University of Tennessee College of Nursing. Send all communications to Director of Communications and Marketing, 62 South Dunlap, Suite 203, Memphis, TN 38163. Phone: (901) 448-4957 or FAX (901) 448-8640.

The University of Tennessee does not discriminate on the basis of race, sex, color, religion, national origin, age, disability or veteran status in provision of educational programs and services or employment opportunities and benefits. This policy extends to both employment by and admission to the university.

The university does not discriminate on the basis of race, sex, or disability in its educational programs and activities pursuant to the requirements of Title VI of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act (ADA) of 1990.

Inquiries and charges of violation concerning Title VI, Title IX, Section 504, ADA or the Age Discrimination in Employment Act (ADEA) or any of the other above referenced policies should be directed to the Office of Equity and Diversity, 920 Madison, Suite 420, Memphis, Tennessee 38163, telephone (901) 448-5558 or TDD (901) 448-7382. Requests for accommodation of a disability should also be directed to the Director of Equity and Diversity, 920 Madison, Suite 420, Memphis, TN 38163, (901) 448-5558 or TDD (901) 448-7382 or log on to our Web site at www.utmem. edu.

### **Interim Titles Removed for Top UTHSC Leaders**



Hershel P. Wall, MD

In January, UT President John Petersen announced plans to immediately remove the interim title designation for both Hershel "Pat" Wall, MD, and Kennard Brown, JD, MPA, PhD. Since mid-April 2007, Dr. Wall has served as interim chancellor and vice president for health affairs, while Dr. Brown has served as

chief of staff and interim executive vice chancellor for the UT Health Science Center.

"The change for Pat requires board approval and I will submit that recommendation," President Petersen said. "The change for Ken will take place immediately. Both have done excellent jobs in carrying out their responsibilities, and we appreciate their willingness to provide leadership going forward." Accepting the recommendation, the board of trustees granted approval for Dr. Wall to carry the title of chancellor and its full responsibilities until a new permanent chancellor is hired.

President Petersen noted, "In December, we suspended the chancellor search while we explored issues we felt



Kennard D. Brown, JD, MPA, PhD

were important to our ability to conduct the search with maximum effectiveness.

"We will not resume the chancellor search process until we have enhanced the appeal of the position through the joint efforts of campus leadership and our community partners," President Petersen stated. "We hope the search can be re-started within the next year, and we expect to attract an exceptional leader."

### Frey Appointed Dean for College of Allied Health Sciences

**ZEWS** 

In January, Hershel P. Wall, MD, chancellor at UTHSC, appointed William R. Frey, PhD, dean of the College of Allied Health Sciences. Dr. Frey has served as interim dean of the college since May 2005.

"During Bill's tenure as interim dean, each of the six programs within the College of Allied Health Sciences has



William R. Frey, PhD

flourished," said Chancellor Wall. "He has assembled a team of dynamic faculty members who have created an exciting and supportive interdisciplinary learning culture that permeates the college."

When he moved to the Mid-South and joined the UTHSC family in 2003, Dr. Frey brought with him some 29 years of teaching and administrative experience at educational institutions that include the University of Illinois, St. Louis University, Ohio State University, College of St. Francis and St. Mary's College of California. He has been an adjunct faculty member in the College of Education at the University of Memphis since January 2005.

Originally from Springfield, Tenn., Dr. Frey attended the University of Illinois in Chicago, earning a BS in occupational therapy. He received his Master of Education in counseling and psychological services from Georgia State University in Atlanta and a Master of Health Administration from Washington University in St. Louis, Mo. He earned his PhD in medical sociology from Ohio State University in Columbus. He also served in the U.S. Army Medical Specialist Corps for more than five years, achieving the rank of captain.

In 2007, Dean Frey was recertified as a fellow of the American College of Healthcare Executives, the nation's foremost professional society for health care leaders. Fellow status represents achievement of the highest standard of professional development, including board certification in health care management. In October, Dean Frey was selected as national president of the Alpha Eta Society, the largest scholastic honor for allied health professionals.

### New Executives Named in Academic, Faculty and Student Affairs

In November, Cheryl R. Scheid, PhD, vice chancellor of the Office of Academic, Faculty and Student Affairs at UTHSC, announced three new executive appointments.

Matthew T. Sanchez was named the assistant vice chancellor for student affairs, responsible for oversight of admissions, financial aid and registrar functions for UTHSC.

Carol A. Schwab, JD, LLM, accepted the position as director of medical legal education and will

develop a new curriculum, "Legal Issues in Health



Matthew Sanchez, EdS



Carol Schwab, JD

Chanchai McDonald, PhD

Care." Initially the curriculum will be taught in the College of Medicine but ultimately it will be available for all six UTHSC colleges.

Chanchai Singhanayok McDonald, PhD, assumed the position of assistant vice chancellor for institutional research and educational technology. She oversees the design, development and delivery of database systems needed to support institutional programs, facilitate faculty research, and enhance the educational enterprise.

Prior to joining UTHSC, Sanchez was director of financial aid and scholarships for California State University (Stanislaus, Turlock, Calif.). He holds a master's in public administration and an EdS in education from Arkansas State University (Jonesboro, Ark.), and is currently working on his EdD in educational leadership at Arkansas State University, which he hopes to complete by 2011.

Professor Schwab came to UTHSC from the Medical College of Georgia where she was assistant dean of medical/legal education and developed the "Legal Issues of Medicine" for medical students. Professor Schwab holds a juris doctorate from the University of Missouri School of Law (Columbia, Mo.) and a master's degree in taxation law from Washington University (St. Louis, Mo.).

Dr. McDonald spent the last eight years at Vanderbilt University (Nashville, Tenn.) where she was an assistant professor and director of educational technology, biomedical research education and training. She holds a PhD in curriculum and instruction from the University of Minnesota (Minneapolis, Minn.).

### **Public Health Nursing Conference** to Discuss Disparities

The UTHSC College of Nursing Public Health Option will sponsor the Third Annual National Public Health Nursing Conference titled "Impacting Public Health Systems: Ending Disparities in Policy and Action" on May 29.

The purpose of this conference is to disseminate public health nursing topics and current regional and national legislation related to and affecting public health, highlight best population-focused practices, and provide a platform for collaborative discovery and utilization of resources that will maximize culturally competent health promotion and disease prevention outcomes. The conference is open to the public, specifically targeting public health nurses and professionals, health care organizations and professionals, consultants, preceptors, faculty and students.

For additional information contact Trimika Bowdre at tbowdre@utmem.edu or (901) 448-6099.

### Wicks Authors Article in **Nursing Journal**



Mona Wicks, PhD, associate dean for research and professor in the College of Nursing, co-authored an article in the November-December 2007 issue of Nephrology Nursing Journal.

In the article, Dr. Wicks discusses how INSIGHT, a behavioral

group therapy approach designed to prevent and reduce depression in women, can potentially prevent and treat depressive and anxiety symptoms in black women caring for chronic hemodialysis recipients.

Wicks and co-authors have implemented a three-year study of INSIGHT therapy.

### UTHSC, Methodist Partner to Promote Health and Cancer Screenings

By Susan R. Jacob, PhD, RN The University of Tennessee



Health Science Center College of Nursing and Methodist Healthcare have maintained a strong a c a d e m i c / practice partnership since

Susan Jacob, PhD, RN

2003. Leaders of the partnership are Donna Hathaway, PhD, RN, FAAN, dean of the UTHSC College of Nursing, and Donna Herrin, MSN, RN, CNAA, FACHE, senior vice president and chief nurse executive of Methodist Healthcare.

The partnership structure includes leadership councils that are jointly led by college and health care system partners and include members of both organizations. The Community Partners Outreach Council was developed to serve as an influential force in the Memphis community by encouraging, supporting and facilitating engagement of UTHSC College of Nursing and Methodist Healthcare in activities that promote the health of the community, education and ongoing professional development of nurses.

One of the first initiatives of this council, co-chaired by Susan Jacob, PhD, RN, executive associate dean of the College of Nursing, and Sally Aldrich, MSN, RN, administrator, CNO for Affiliated Services Division, Hospice and Palliative Care, has been to disseminate the new guidelines for colon cancer screening and Medicare reimbursement.

To accomplish this, the council has partnered with the Memphis unit of the American Cancer Society to distribute the guidelines to consumers through area churches, service organizations and health care clinics. They are also enhancing nurses' awareness of free resources for patient education.

Members of the council include Teresa Cutts, PhD; Christine Purchase, BSN, RN; and Peg Hartig, PhD, RN, APRN, BC, who are working closely with Cancer Society staff Malinda McDaniel and Cathy Dean.

(Article reprinted with permission of the Tennessee Nurses Association from the Fall 2007 issue of the Tennessee Nurse. Copyright 2007. All rights reserved.)

### **UT Medical Group Offers Neonatal Nurse Practitioner Scholarships**

UT Medical Group, Inc. has launched a scholarship program for students in the neonatal nurse practitioner program at the University of Tennessee Health Science Center College of Nursing.

The program offers full tuition for selected candidates who agree to work as a neonatal nurse practitioner at UT Medical Group for at least three years after certification. Tuition is provided for the Master of Science in maternal nursing with a specialty in neonatal nursing, and in certain cases, the Doctor of Nursing Practice in neonatal nursing.

Candidates must:

• Be admitted to the UTHSC neonatal nurse practitioner program.

- Be a professionally active neonatal registered nurse.
- Qualify for in-state tuition.
- Have a solid academic background.
- Demonstrate qualities of leadership, communication and patient care.

All completed applications must be received by May 1 of the year of application. Scholarship award notifications are mailed by June 1. Recipients must maintain a GPA of 3.0 or higher to retain the scholarship.

Scholarship applications are available online at www.utmedicalgroup.com. For more information on the scholarship program, contact the UT Medical Group Department of Human Resources at (901) 722-9010, extension 237. Applications for the UTHSC College of Nursing neonatal nurse practitioner program can be found at www.utmem.edu/ nursing.

UT Medical Group is the private group practice affiliated with the UT Health Science Center College of Medicine faculty. A not-for-profit, non-tax-supported group practice, UTMG is dedicated to quality patient care, medical education and medical research. For more information, visit www.utmedicalgroup. com.

# **Branding Campaign Continues**



The UT system continued the FUTURE branding campaign as it recently placed special emphasis on the UT Health Science Center campus in Memphis. Four billboards were placed in prominent locations throughout the city, and the newest television spot aired on Bluff City stations in November and December. To see the TV spot, visit http://www.tennessee.edu/ system/news/tvspot07.shtml

# **Forensic Nursing Conference**

The Forensic, Psychiatric and Public Health Options of the College of Nursing collaborated to host "Substance Abuse: A Hidden Illness." The conference, held January 24 at Methodist University Hospital, brought together more than 225 health care professionals, community leaders, students and faculty.

Aligning the goals of the three advanced education grants, this year's conference emphasized the link between forensics and mental health and the impact substance abuse has on our public community as a whole. Speakers from various forensic, psychiatric and public health backgrounds shared valuable information and professional perspectives on intervention and prevention techniques. Attendees took from this conference resources which will enable them to effectively increase awareness in their communities.

Funding support from the Human Resources and Services Administration (HRSA) allowed the options to collectively host this informative conference. The forensic option of the College of Nursing is committed to a collaborative effort of educating our communities on the impact of substance abuse.



Ron Patterson

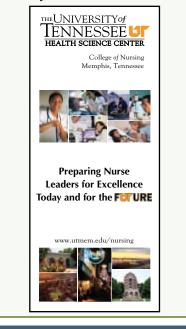
### Patterson Named Assistant Dean for Student Affairs

Ron K. Patterson was named assistant dean for student affairs, effective February 18. In this position, he will be responsible for student services, admissions and recruitment. Patterson has more than six years' administrative experience in higher education at the UT Health Science Center and Christian Brothers University.

He holds a master's in education from Marietta College (Marietta, Ohio).

### **Nursing Banner**

The College of Nursing has designed a new banner to use in student and faculty recruitment.



### **DNP** Conference

Doctors of Nursing Practice, LLC, in partnership with the UT College of Nursing will host its first annual conference October 9 to 11 at the Doubletree Hotel Downtown in Memphis.

A highlight of the conference will be a panel discussion with representatives from the original seven universities that set the foundation for the DNP degree.

For more details about the conference you may access www.doctorsofnursingpractice.com



## UTHSC Nurse-Scientists Improve Health Through Research

What do genetics, high-tech defibrillators and Tai Chi have in common? They are just a few of the innovative approaches being used by UTHSC College of Nursing faculty to find answers to questions that perplex clinicians and challenge the health and quality of life for patients and their families.

A renewed emphasis on research in the past three years has helped put the UTHSC College of Nursing on the national map of nursing science. Today, the college is ranked in the top 50 schools of nursing for National Institutes of Health (NIH) funding. Three faculty members — Ann Cashion, PhD, RN, FAAN; Veronica Engle, PhD, RN, FAAN; and Dean Donna Hathaway, PhD, RN, FAAN — have been recognized by the National Institute of Nursing Research (NINR) for their outstanding scientific contributions. Seven faculty and doctoral students were selected to attend the NINR-sponsored Summer Genetics Institute; others serve as members of NINR study sections, recognition of their contributions to the field.

In 2005, Dean Donna Hathaway ratcheted the college's research effort up a notch by launching the Office of Research and Grant Support (ORGS) and appointing Professor Mona Wicks, PhD, RN, director of the center. In August 2007, Dr. Wicks was promoted to associate dean for research for the college. In addition to Dr. Wicks, the ORGS staff — comprised of a scientific and statistical writer, a

statistician, a graduate student intern, and an administrative assistant — facilitates faculty and graduate student scholarly endeavors.

Today, the faculty, staff and students are engaged in the innovative work of advancing the science of nursing, and are particularly focused on those issues that directly affect patient care. These scholars are working collaboratively with colleagues at the Health Science Center, other universities and health care systems to improve patient care.

#### At the Edge of Innovation

Dr. Cashion, associate professor, uses genetics as a tool for determining health risk. "The Human Genome Project in 2000 was a real catalyst for a wide variety of health care research," she noted. "Funding jumped significantly at that juncture of discovery." Studying gene environment interaction offers insight into the common disorders of adulthood: obesity, diabetes, cancer, etc.

Dr. Cashion explained that the goal now is to include more genetics in education so nurses can interpret genetic tests and apply their findings to patient care. Applying basic and clinical research findings to actual care of real people is called "translational research" and is NIH's current hot button. "Interestingly, nurses have always been doing this — taking research findings from the lab to the bedside to the curb [housing projects, schools, community centers and churches]," Dr. Cashion observed. "We didn't call it 'translational research' before, just 'health promotion.' "

Dr. Cashion pointed to two of her colleagues' work as examples of translational research: Patty Cowan, PhD, RN, associate professor, has recruited African-American youths with the goal of identifying factors related to diabetes

and cardiovascular risk in their demographic group. Dr. Wicks has published recently on interventions for helping caregivers of relatives who are renal dialysis patients improve their personal health, in particular, their emotional well-being.

"Some might call nursing research 'applied science' because it focuses on making rapid changes to how we care for patients," explained Dr. Wicks. "We want to make changes in nursing practice based on evidence," she added.



From right: Mona Wicks, PhD, and Lois Bolden, PhD, research coordinator, assess patient caregiver emotional health.

#### Evidence-Based Practice: Today's Mantra

"I'm committed to evidencebased practice; that's why I do both research and practice," said Carrie Harvey, PhD, RN, assistant professor, who also works as an acute care nurse practitioner with patients who suffer from arrhythmia, a heart rhythm condition. Many of her patients can benefit from implantable cardioverter defibrillators (ICDs), devices that shock the heart into a normal rhythm. This relatively new, high-tech innovation prevents a cardiac event from occurring. The criteria for determining which patients need an ICD is very broad, and these devices are costly, so she wanted to ensure that the people who get these devices would benefit most.

The answer would be through research. Dr. Harvey applied to the local chapter of Sigma Theta Tau, an international nurs-

ing honor society, for a grant. With the society's help and a UTHSC faculty fellowship, she was able to fund an initial study. An unexpected finding was that women who used the device experienced higher death rates than males. This finding begged a larger question: why? She hopes to discover the answer through a study that refines the criteria at a much more detailed level and is currently applying to the NIH for a grant.

**Research** continued on Page 10

#### **CON Plays Key Role in Major Campus Initiative**

As noted in this issue's feature story, the National Institutes of Health (NIH) is placing a major emphasis on translational research, a branch of health care research that attempts to more directly connect basic research to patient care. In September 2006, UTHSC moved into the forefront of re-engineering scientific research with the award of an NIH planning grant. The goal of the grant, offered through the Institutional Clinical and Translational Science Award program, is to transform the local, regional and national environment for clinical and translational science by increasing the efficiency and speed of the research process. Transforming the research process requires that the campus create an academic home, which UTHSC is calling the Clinical and Translational Science Institute, or CTSI, for faculty and programs.

Involving all six Health Science Center colleges, the CTSI on the Memphis campus will be an interdisciplinary center of research excellence with three primary missions: to translate scientific discoveries into clinical applications, to educate a cadre of professionals in all aspects of translational science, and to serve as a local, regional and national resource for advancing scientific discoveries into community health care. The CTSI will integrate clinical and translational science across multiple departments, schools, clinical and research institutes, as well as hospitals.

The College of Nursing is playing a major role in the development and ongoing efforts of the CTSI. Several faculty members have been asked to assume leadership responsibility. Ann Cashion, PhD, RN, FAAN, has been appointed director, and Patty Cowan, PhD, RN, will be assistant director of the Community Engagement and Research Unit, which will recruit community-based researchers to campus. Additionally, CON faculty will be leading the development of research capacity in community health settings.

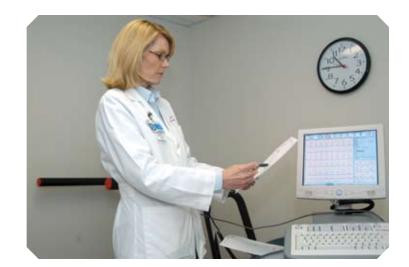
# Two New Staff Members Join the Office of Research

We are pleased to announce that two new staff members have joined us in the Office of Research and Grant Support (ORGS). Cynthia Griffiths, a student in the acute care option, has taken the graduate student position that we announced in 2007. She will work closely with Gail Spake on ORGS-related projects. Gail will work closely with Cynthia and has a calendar of Cynthia's availability to work on projects.

Lois Bolden, PhD, has also rejoined the College of Nursing family. Many of you will recall that Lois was a psychiatric-mental health nursing instructor for the undergraduate program here at UTHSC, formerly the vice president of nursing at the Memphis Mental Health Institute, and is a graduate of our PhD nursing program. Lois will assist Mona Wicks, PhD, associate dean for research, with her program of research as the project coordinator/research nurse leader. She will facilitate the conduct of Dr. Wicks current study and assist her with manuscript, presentation and grant development. She will also complete the goals of her postdoctoral program, which include submitting a grant for her program of research and publishing her research. Lois has support as an Ethnic Minority Postdoctoral Fellow, which she received from the Substance Abuse and Mental Health Services Administration, an arm of the U.S. Department of Health and Human Services.

We will soon hire a full-time administrative assistant to work with us in the ORGS area. Connie Burgess will continue to assist us until this position is filled. Connie has been an invaluable support and resource to the college as she managed research-related tasks and her departmental duties. It was difficult for her to make the decision regarding which role to continue. We are very happy to have her continue to work with us for now.

Change sometimes brings challenges. We know that there will be a period of transition as the ORGS staff increases and scholarship activities of the college expand. We appreciate your patience in this time of transition and hope that you are excited about the resources and support that we provide to faculty and students participating in the scholarship enterprise.



*Carrie Harvey, PhD, conducts research to determine which cardiac patients can benefit most from ICDs.* 

#### Research continued from Page 9

#### **Collaborating to Improve Health Care**

An experienced, veteran researcher and a recently minted assistant professor have something in common: collaboration is central to their research. Professor Veronica Engle, PhD, RN, FAAN, a geriatric nurse practitioner and holistic nurse, has spent the last 20 years collaborating on research, most recently with a UTHSC professor in occupational therapy. Assistant Professor Wendy Likes, DNSc, APRN, BC, is working on postdoctorate gynecological research with other nurses, physicians and psychologists.

As might be expected, Dr. Engle's current research with Associate Professor Lawrence Faulkner, PhD, OTR, a gait, balance and falls expert in the UTHSC College of Allied Health Sciences, occurs in assisted living facilities in Memphis. What's not so expected is that their focus is on Tai Chi and the benefits to frail older adults. Tai Chi is an ancient Chinese healing exercise that combines slow movement with focused deep breathing. The coresearchers' goals are to study Tai Chi as a fall prevention program and to evaluate the effectiveness of a sitting Tai Chi program for frail, older adults who cannot stand.

"A few nursing homes have Tai Chi instruction for their patients, but it's not part of routine care," said Dr. Engle, "yet the health benefits of Tai Chi for older adults are well documented." Tai Chi has been shown to help joint pain, balance, muscle strength, depression, insomnia, the immune system and cardiac rehabilitation. "It's one of the few exercise programs one can do throughout life and adapt as one grows older," she noted. Drs. Engle's and Faulkner's common, yet unique, approach in their practice and research brought them together. Both focus on older adults' quality of life,

including their ability to do everyday activities.

Dr. Wendy Likes' NIH-funded research focuses on an uncommon condition (vulvar intraepithelial neoplasia) and therefore requires use of multiple sites to obtain the needed number of participants. Because Dr. Likes' research is a multi-site study with patients at the UT Medical Group and the West Clinic in Memphis, as well as the University of Michigan and Duke Medical Schools, collaboration is critical to obtaining reliable results. "It's important to



Veronica Engle, PhD, guides assisted living residents through Tai Chi exercises to help improve their balance.

have someone who knows you and is willing to work with you at each site," she pointed out. To this end, Dr. Likes gave several presentations to administrators and physicians on each staff. "Key people must have buyin to the project, so I tried to encourage a partnership and ask for their ideas about how to recruit patients," she said, adding, "People wanted to see a benefit, so we paid a fee for each study participant recruited and discussed the potential for manuscript collaboration up front. I shared with them my track record for research,

> as well as the manuscripts that resulted from our research to demonstrate my commitment to disseminating my findings."

> Dr. Likes sends a weekly email to administrative assistants at each site updating them on the study's progress to help keep them focused on recruitment goals. "Communication is fundamental to collaboration — to building a team that helps get the job done," she advised.

Nurses conducting research — not the classic image the average person conjures up when

pondering the nursing profession. "Caregiver" comes to mind, of course, as well as myriad images of efficient, dedicated professionals supporting others — patients, physicians and students. The UTHSC faculty is doing all that and more. They are contributing significantly to nursing science and making a major difference in health care.

### **U** Seeking Qualified Candidates

#### Assistant Dean, Doctor of Nursing Practice (DNP) Program

The assistant dean for the Doctor of Nursing Practice Program will provide oversight of one of the oldest and largest of the new generation practice doctoral programs. She/he will work closely with the associate dean for academic programs, graduate advanced practice specialty coordinators, and faculty on matters of curriculum, strategic planning, and academic program development and compliance with policies and regulations of certifying and accrediting bodies.

Successful candidates will have an earned doctorate, appropriate credentials in an advanced practice specialty and be eligible for APN licensure in Tennessee. Education and/or administrative experience in a nationally accredited university with graduate programs are desired.

Please forward a letter of interest, current CV and two letters of professional reference to:

Susan Jacob, PhD, RN Chair, Search Committee, UT College of Nursing 877 Madison Ave., Suite 620, Memphis, TN 38163 (901) 448-6135, (901) 448-6100 (fax) E-mail: sjacob4@utmem.edu

#### **Community Nurse Scientist**

The UTHSC Clinical and Translational Science Institute (CTSI) and the College of Nursing are seeking a community nurse scientist.

The successful candidate will be a registered nurse with an earned doctoral degree, an established program of research, and eligible for a primary appointment in the College of Nursing.

Primary responsibilities will be establishing and implementing a program of interdisciplinary community-based research conducted through the CTSI and mentoring doctoral students from multiple disciplines. Salary and rank will be commensurate with qualifications and experience. Review of applications will begin immediately and will continue until the position is filled.

Please forward a letter of interest, current CV and two letters of professional reference to:

Ann Cashion, PhD, RN

Chair, Search Committee, UT College of Nursing 920 Madison Ave., #507, Memphis, TN 38163 (901) 448-1176, (901) 448-1762 (fax) E-mail: acashion@utmem.edu

Preparing Nurse Leaders for Excellence Today and for the FUTURE

### **Two New Pharmacy Buildings**

On December 7, the UT College of Pharmacy began what one alumnus called "another chapter in the continuation of



Family members of former Pharmacy Dean Seldon Feurt help Dean Dick Gourley (left) break ground for the new pharmacy building in Memphis.

a dream" as ground was broken for the new pharmacy building on the Memphis campus.

The six-story, 191,000-square-foot building is one of the



College of Pharmacy's Knoxville building is complete.

new facilities under construction on the grounds of the UT-Baptist Research Park. Slated for completion in fall 2009, the new building will consolidate pharmacy faculty and staff who are currently housed in six different buildings on the Memphis campus.

College of Pharmacy officials also gathered in August to witness the opening of the new building in Knoxville. This new option for second- to fourth-year pharmacy students to study in Knoxville is designed to help head off the statewide shortage of pharmacists. The 15,000-square-foot Knoxville building will increase the number of qualified pharmacists entering the job market in East Tennessee.



Memphis Mental Health Institute and New Le Bonheur Building



The new Memphis Mental Health Institute (right) stands at the apex of Court Street,

where the UT-Bowld Hospital and Dobbs building used to be. The official opening was September 24, and the first patients were admitted October 1.

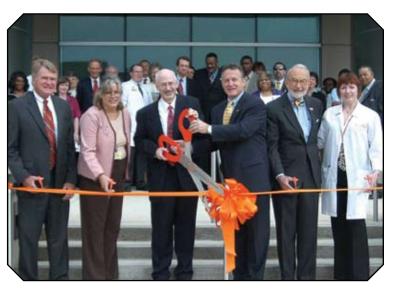
The new 100,000-square-foot, three-story building features a layout with 75 beds. A corridor connects the Regional Medical Center (The MED) and MMHI. The project is the result of collaboration among the state of Tennessee/MMHI, Methodist Healthcare System, The MED, UTHSC and Shelby County government.

A ceremonial three-ton wrecking ball collided into the old MMHI (left) in November, signaling the demolition of the old building and the construction phase of the new hospital at Le Bonheur Children's Medical Center. The new hospital should take 30 months to construct; the grand opening is scheduled for summer 2010. The new Le Bonheur will encompass a 1-million-square-foot campus with 12 floors containing large, single-patient rooms, family lounges and natural light, all focused on family-centered care.

### **Cancer Research Building**

The Cancer Research Building, which houses labs for three UTHSC colleges to focus on different types of cancer research, was officially opened in late September.

Cutting the ribbon (left to right): Leonard R. Johnson, PhD, vice chancellor for research; Vicki Antwine, cancer survivor and accounting assistant in the UTHSC Office of Finance and Operations; Lawrence M. Pfeffer, PhD, scientific director of the Cancer Research Building; John Petersen, PhD, president of UT; Hershel P. Wall, MD, chancellor of the UTHSC; and Tiffany Seagroves, PhD, a cancer researcher from the College of Medicine.



### **RBL Leaders Continue to Communicate Efforts and Gain Support**

Although the UTHSC Regional Biocontainment Laboratory (RBL) won't open until the last quarter of 2008, Health Science Center leaders continue to engage in dialogue about the facility. Thanks to Congressman Steve Cohen's support, in November President Bush signed H.R. 3222, the Department of Defense Appropriations conference report for FY2008. The report included \$4 million in funding for UTHSC.

The resources will be used to underwrite basic

research of emerging infectious diseases such as streptococcus, multi-drugresistant tuberculosis, and francisella. UTHSC plans to purchase high technology pathogen detection equipment for use in the RBL, where biomedical and biodefense research and training will take place.

More than four years ago, UTHSC began publicizing its intent to build the RBL and since that time,

leaders have communicated progress of the project.

Recent RBL communication efforts included an October 29 town hall meeting in Memphis that provided an opportunity for faculty, staff and students to learn more about the new facility.

A video and floor plans of the building were presented to help the audience visualize the Biocontainment Safety Level 3 (BSL-3) lab. Although smaller BSL-3 labs have been on campus for years, the RBL will have an NIH affiliation, which will reveal new opportunities for collaboration and funding. This affiliation also mandates strict regulation and operating procedures.

For example, the building plans for the RBL went through three separate reviews with the NIH. The building began with the construction of 18-inch-thick concrete walls. The RBL is designed with a redundancy, building two of everything to allow for backup of all



Construction of UTHSC's Regional Biocontainment Lab continues.

Once the structure of the RBL is in place, the facility will go through a rigorous commissioning process, which involves an independent, third-party evaluation of every aspect of the RBL.

The RBL team leaders are making themselves available to attend campus staff meetings, as well as meet with community organizations, to address any questions about the RBL. For a full description of the project, visit http://www.utmem.edu/research/rbl.

major systems.

The most modern electronic security measures, such as card readers and metal detectors, will supplement the 24-hour manpower that guards the facility. Written standard operating procedures that meet federal regulations will be located in the labs. The RBL will be used to conduct experiments on an as-needed basis but researchers will not maintain permanent offices at the site.

# **2007 Graduates and Undergraduates**

THE UNIVERSITY OF TENNESSEE HEALTH SCIENCE CENTER College of Nursing - Class of 2007

> Doctor of Philosophy, Nursing Annapoorna Mary

#### **Doctor of Nursing Practice**

Dwayne Lance Accardo Dee Ann Blakney Nancy Bernadette Cabelus Diane M. Campbell Patsy Elaine Crihfield Elizabeth Towery Davidson Terri Allison Donaldson Paula Karen Max Dycus Lori Lea Ellis Rashaye Kendria Freeman Carolyn Daves Hix Tommye White Holliday Amelie Anne Hollier Larae Irene Huycke Elizabeth L. Jones Patricia Reinagel Keene David George O'dell Clara Denise Pieh Margaret Ann Pierce Sally Renee Schafer Michela Russo Shelton Robert Enoch Swanson Joyce P. Williams Heather Kathleen Young

#### Master of Science, Nursing

Adult Critical Care Nurse Practitioner

Gavin Giles Gist Kimberly Sue Poole

Family Nurse Practitioner

Amber Martin Arnold Roger Dale Barnes Belinda Dale Frost Quitah Nilaja Imani Haille Margaret Lashun Hendeson-Lee Chasity Michelle Hood Rosemary Jacobs Ashley Renae Jones Lori Faye Laman

Nurse Anesthesia

David J. Ayala Arnold Murphy Bazzle Jr. Martin Wade Cornett Sarah Grimm Curry Laura Beth Dover Laura Ann Elliott Reco Petriccelli Evans Noelle Marie Garner Dana Lynn Harrison Brandi Betterton Hill Leslie Henry Hines Sarah Elizabeth Hodge Angela Latrice Martin Shelley Megan Merrifield Sandra W. Murphy Delores Roberson William Jerod Thornton Robyn Yvette Vanderford Elizabeth Lauren White Kristin Marie Wilson

**Joanna Belle Saal** 

Lorena Marie Huff Sonya Renita Kinnard Kimberly Lynn Knox Violetta Kozlowski Ann Grant Lewis Christina Scott Morris Lori Ann Myres Claudia Diane Noe Kristi Rene' Owens Edward Lee Phelps Milton Joseph Seymour III Stuart Cawthon Wallace

#### **Bachelor of Science**, Nursing

Olamide Odunayo Adeleye Nicholas David Albonetti Marie Ann Anderson Stacie Michelle Beverly **Raymond Kelly Buie** Nancy Ann Buratto Erin Newby Carner Sarah Joyce Christensen Jim-Ann LaVette Cole Jackeline Judith Cruz-San Martin Christopher Dorian Dickall **Julie Anne Douglass** Teresa Ann Edwards Sonya Kathlene Futrell Stefanie Lee Gadd Karen Diane Gardner Jane Featherstone Garner Jessica Leigh Hardy Michael Eldon Hill Kelvin Hinton Kathleen Ann Hitchcock **Emmily Thomas Hurdle** James Albert Hutcheson IV Mary Margaret Jetton Michael Alan Jewell Dongxia Jiang Tiffany Hunt Kinard Summer Brown King Jennifer Hannah Koonce

Elizabeth Allyn Land Kenneth Michael Lawhorn Caitlin Marie Lipovsky Yolanda Adrian Mays Vanessa Miller Rhonda Renee Murray Anne Marie Ogden-Cook Deborah Olatundun Ogundare Lillian Atieno Okello **Dustin James Pierce Jodie Elizabeth Reece** Lisa Ann Roberts Jessica Kay Rolf Lauren Elizabeth Schaffler Cindy Mae Smith Elizabeth Warren Stephens Rebecca Ann Stokes Elizabeth Ann Sykes Erin Lee Tabor Carmen Victoria Timbes Holly Kay Wagner Jennica Blake Warne Shannon Shaff Weed Adriane Denise Wilkinson Autumn Russell Williams Veronica Vernita Wright Erica Lynn Wyatt Alison Leigh Young Rashedah Darmika Young

### July 2008 Targeted Enrollment for All Programs

#### BSN

•	Traditional	
•	2nd Degree	
	RN-BSN	
Т	OTAL	

#### MSN

• Acute Care Nurse Practitioner	14
• Family Nurse Practitioner	
• Neonatal Nurse Practitioner	6
Nurse Anesthetist	
TOTAL	

#### DNP

• Acute Care			
• Administration			
• Family Nurse Practitioner 25			
• Forensic Nursing15			
• Gerontology1			
• Neonatal			
• Psychiatric Family Nurse Practitioner 20			
• Public Health 13			
TOTAL			
PhD			
College of Nursing Total			

### Former Student Holds Her Own Thanks to UTHSC

As a recent graduate (Class of 2005) of the nursing PhD program at the University of Tennessee Health Science Center, I am writing to share some of my postgraduate experiences. Recently I joined the faculty at the Virginia Commonwealth School of Nursing in Richmond, Va., and have the opportunity to work with some exceptional and established researchers. This might be seen as a possibly intimidating experience. However, as a result of the excellent education I received at UTHSC, and the collegial spirit of my new co-workers, I feel well prepared to be an active, participating member of this faculty.

I am already putting to good use skills related to the development of innovative and sound research projects, grant writing, being an active and participatory faculty member, mentoring students and other faculty, and using innovative teaching strategies. These skills were gained not only through the didactic courses I took but also from the mentorship and advising I received as a student, which was invaluable.

I have the opportunity to evaluate and discuss ongoing and developing research projects in my new position, which is something I really enjoy. And I have come to realize the depth of knowledge I gained during my time at UTHSC. Although I am a relatively recent graduate, I feel I can "hold my own" with my more experienced colleagues. I am moving forward with developing an independent program of research and believe I will have a smoother path than some as a result of my UTHSC education. As I talk with graduates from other nursing PhD programs, I realize what a gift I received here at UTHSC and that my education is so much richer as a result of the people within the College of Nursing. I am now working on demonstrating those same skills in my role as faculty member.

Carolyn Driscoll, PhD, RN, FNP-C Assistant Professor VCU School of Nursing

# Scholarships Distributed 2007-2008

Scholarship

#### Distribution

Andrew Holt	\$ 8,000
Marie Buckley	\$ 2,000
Chancellor's Diversity (tuition)	. ,
Elizabeth Club	\$ 3,000
Faculty Minority Scholarship	\$ 4,000
Grace Wallace	\$ 5,000
Stokes Endowed Nursing Scholarship	\$ 2,000
Ruby L. Stephenson	\$ 7,000
Ester J. Trentham	\$ 1,000
Frances Washburn	\$ 3,000
Absher Memorial	\$ 3,000
UMC – North, MS	\$ 9,000
UMC – Shelby County	\$ 9,500
AENT	\$73,560
NAT	\$16,448
Whitehead Grad & U/Grad	\$49,000

#### TOTAL

\$195,508

\* 103 graduates received scholarship funds during the July 2007 to June 2008 distribution.

\* 48 undergraduates received scholarship funds during the July 2007 to June 2008 distribution.

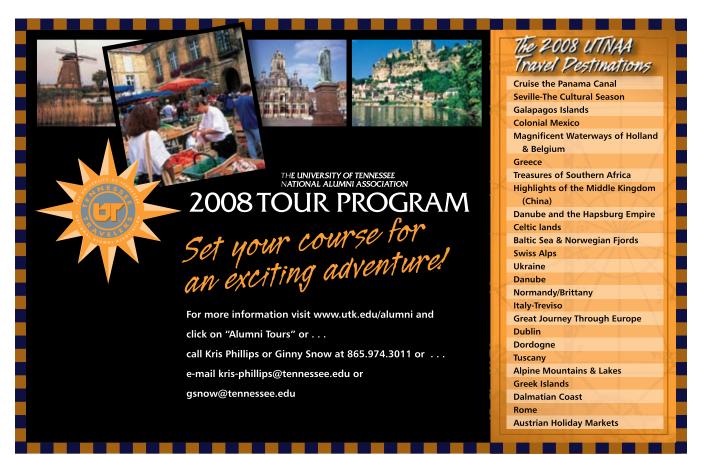
### **Class Notes**

**Carol Headley, DNSc, RN, CNN, ('03)** is the 2007 recipient of the Tennessee Nurses Association Award for Nursing Excellence in Advanced Practice. Headley is an advanced practice nurse at the Veterans Affairs Medical Center in Memphis where she works in the Nephrology/Dialysis Unit.

### Now Available... A Wonderful Gifting Opportunity for Tennessee Residents

The University of Tennessee Foundation is offering a wonderful gift opportunity to Tennessee residents, one that is truly "the gift that gives back." A charitable gift annuity is a simple contractual agreement between you and the University of Tennessee Foundation. In exchange for your irrevocable gift of cash, securities or other property, the foundation promises to pay you a guaranteed income, in quarterly installments, for your lifetime. Generally, individuals who establish a charitable gift annuity are interested in maintaining or enhancing their income with fixed payments. Other benefits include an income tax deduction for those who itemize, partial bypass of capital gains tax, and possible reduction of estate taxes. The charitable gift annuity offers a guaranteed rate of return based on the age of the annuitant(s) when the gift is made. The minimum contribution is \$25,000. Income beneficiaries must be at least 60 years old at the time the payments commence. The University of Tennessee Foundation will follow the rates (payout percentages) suggested by the American Council on Gift Annuities, but donors may elect a lower payout if they wish.

Our staff is available to answer any questions and provide projected results for your specific situation, in confidence and with no obligation. For more information, please contact Bethany Goolsby, JD, at (901) 448-4941 or at bgoolsby@utmem.edu.



# What is the CON HELP Center?

The Center for Health Evaluation and Lifestyle Promotion (the HELP Center) is a nonprofit interdisciplinary research center and practice site for the University of Tennessee Health Science Center College of Nursing. Established in 2000 to provide an interdisciplinary research, practice and educational site, the HELP Center is specifically designed to help persons with chronic health conditions achieve optimal levels of health and wellbeing. The emphasis is on promoting healthy lifestyles and preventing disease progression. The HELP Center's primary goal is to enhance and improve the health and quality of life of Tennesseans by promoting positive health behaviors, integrated clinical practices, and research.

Initiated as part of a National Institutes of Health-funded College of Nursing project, the HELP Center supports interdisciplinary practice-based research and develops translational interventions for transplant recipients. Since its establishment in 2000, more than 20 researchers have engaged in collaborative research at the center generating hundreds of publications and presentations.

The focus of the HELP Center has expanded to include clinical practice with the goal of improved health care outcomes through practice and research. The number of research and clinical projects conducted within the HELP Center is continuing to increase. During the past year, the HELP Center was home to 10 active research projects and four active clinical projects including two practice-research-based models, LifeDOC and Drug Court. In addition, the HELP Center served more than 1,100 patients or clients.

The health promotion and clinical practice program evaluates and treats individuals with varying degrees of disease entities and health problems. Areas of practice range from psychological evaluation, treatment and counseling to complementary alternative medicine including Reiki massage therapy and a Tai Chi class. Referrals are made to medical or other specialty clinics as deemed appropriate. The Student Assistant Program continues to evaluate and treat psychological referrals through the HELP Center.

### THE UNIVERSITY of TENNESSEE

HEALTH SCIENCE CENTER COLLEGE of NURSING

#### Take the opportunity today to support the Health Evaluation and Lifestyle Promotion Center

The HELP Center meets patient and student needs as:

- A clinic to help patients improve their health and quality of life,
  - An interdisciplinary clinical setting for research
    - A practice opportunity for student nurses

Established as part of a National Institute of Nursing Research/NIH-funded project, the HELP Center relies upon additional funds from the College of Nursing.

If you would like to help advance nursing research, as well as help both patients and students with a tax-deductible gift, please make your check payable to The University of Tennessee and return to: UT Health Science Center Office of Development 62 South Dunlap, Suite 500 Memphis, TN 38163

> Or, gifts can be made online at https://ecommerce.cas.utk.edu/alumni/ Please designate the HELP Center Fund

#### vards, Dr. ofessional and Child for Service Taylor's ctoral fel-5. Before from the she was gree from ce Center S N ennessee, Bachelor om Freedy in 1991 serves on and is an of nurswarded a n nursing niversity

# Taylor and Briley to Receive 2008 Alumni Awards

The College of Nursing's Alumni Awards Luncheon will be held April 25 at the Hilton Hotel in Memphis. A highlight of the Alumni Weekend festivities, the awards will be presented to Cathy R. Taylor, DrPH, the Outstanding Alumna, and John Michael Briley, DNP, the Most Supportive Alumnus.

#### 2008 Outstanding Alumna Award Cathy R. Taylor, DrPH, MSN, RN



Cathy R. Taylor, DrPH, MSN, RN, was recently appointed the new assistant commissioner for the Tennessee Department of Health's Bureau of Health Services Administration. In this role, Taylor will oversee a system of 13 regional health offices responsible for the oversight of services in 89 rural and six metropolitan

Cathy R. Taylor, DrPH

county health departments.

Prior to joining the Department of Health, Taylor served as an assistant professor of nursing at Vanderbilt University School of Nursing. She has also served as director of the Meharry-Vanderbilt Alliance Disease Management Program, and has worked in community health nursing and outreach at Vanderbilt School of Nursing.

Throughout her career, Dr. Taylor has held several administrative and clinical positions. She was an occupational health clinical specialist and medical/surgical clinical coordinator at Alvin C. York Veterans Affairs Medical Center. Prior to that, she served in nursing director and supervisory positions at Fentress County Hospital, Middle Tennessee Medical Center and Hendersonville Community Hospital, and as a public health nurse in Fentress and Rutherford counties.

An acknowledged health care professional, Dr. Taylor was appointed by Governor Phil Bredesen to chair the Tennessee Center for Diabetes Prevention and Health Improvement Board in November 2006. She has served as a consultant on projects for organizations including the U.S. Department of Health and Human Services, Health Resources and Services Administration's Maternal and Child Health Bureau Leadership Institute, and the Tennessee Department of Mental Health and Mental Retardation. Dr. Taylor is a member of the American Diabetes Association, the American Nurses Association and the American Public Health Association.

In addition to numerous grants and awards, Dr. Taylor's work has been included in professional publications such as *Diabetes Care, Maternal and Child Health Journal,* and *Concepts and Models for Service Learning in Nursing.* 

Advancing her education has been Dr. Taylor's lifelong pursuit. She completed a postdoctoral fellowship at Vanderbilt University in 2005. Before earning a Doctor of Public Health degree from the University of Alabama at Birmingham, she was awarded a Master of Science in nursing degree from the University of Tennessee Health Science Center in Memphis.

#### 2008 Most Supportive Alumnus John Michael Briley, DNP, APN



A native of West Tennessee, Dr. Briley earned his Bachelor of Science degree from Freed-Hardeman University in 1991 where he currently serves on the advisory board and is an associate professor of nursing. In 1994 he was awarded a Master's of Science in nursing from Vanderbilt University where he has served on the edi-

John Michael Briley, DNP

torial board for the Vanderbilt Nurse and earned the school's President's Award in 2002. Completing his doctoral residency in 2006, Dr. Briley was awarded the Doctor of Nursing Practice from the University of Tennessee Health Science Center.

An ardent supporter of education, Dr. Briley has served as a preceptor for numerous pharmacy and nursing students for the past 14 years. The Tennessee Nurse's Association and the various legislative and practice issues have been an important part of Dr. Briley's life for many years. He has worked on various committees and served as chair of the Health Policy and Governmental Affairs Committee in 2006 and later as co-chair in 2007. In 2006, he founded his own private practice corporation in Jackson, Tenn.

# **Betts to Head National Organization**

Virginia Trotter Betts (CON 1969), commissioner of the Tennessee Department of Mental Health and Development Disabilities, was recently named president of the National Association of State Mental Health Program Directors (NASMH-PD). She was elected vice president of the organization in July 2007 after representing the Southern region on the NASMHPD Board of Directors since 2005.

NASMHPD advocates for the collective interests of state mental health authorities at the national level. The organization conducts environmental scans in the delivery and financing of mental health services, as well as builds and disseminates knowledge and experience

that reflects the integration of public mental health programming.

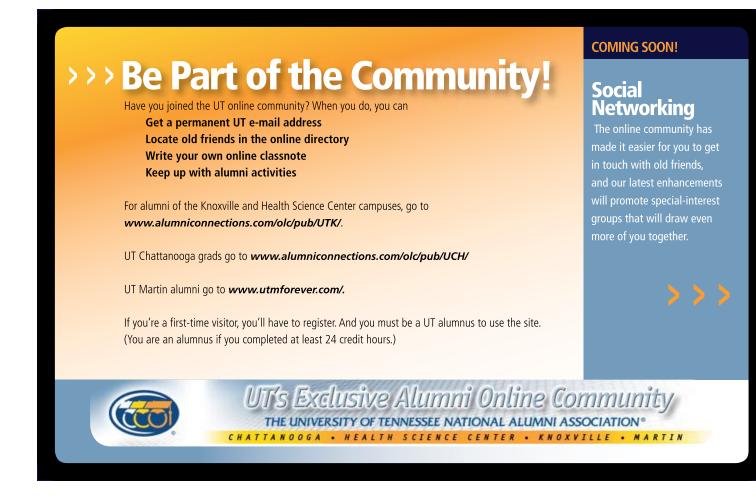
Betts received the Outstanding Alumna Award from the UT Health Science Center College of Nursing in 2005. She is currently on leave from her positions as director for health policy and professor of nursing at UTHSC to serve on the governor's cabinet. Prior to her UTHSC appointment, Betts served as the senior advisor on nursing and policy to the secretary and as assistant secretary of health for the U. S. Department of Health and Human Services.

A nationally recognized leader in health and mental health policy, a psychiatric mental health nurse and an attorney, Betts has also completed postdoctoral studies at the Institute of Medicine as a Robert Wood Johnson Health Policy Fellow. Recognized internationally as an expert on nursing and the health care workforce, Commissioner



Virginia Trotter Betts

Betts has received numerous honors and awards including the American Psychiatric Nurses Association's (APNA) Psychiatric Nurse of the Year and the APNA Presidential Award in 2000. In 2003, she was selected to be a fellow of the National Association of Public Administration.



# Hale, Appling and Pace Named Outstanding Preceptors

#### **Outstanding Undergraduate Clinical Preceptor**



Cille Hale, BSN, RN

Cille Hale, BSN, RN, a patient care coordinator at Methodist Le Bonheur Germantown Hospital, is the 2008 recipient of the Outstanding Undergraduate Clinical Preceptor Award. Sherry Webb, DNSc, RN, assistant professor in the UTHSC College of Nursing, describes Hale as dedicated to excellence in clinical practice and

leadership. Dr. Webb noted Hale's outstanding contributions to the clinical education of baccalaureate students at UTHSC College of Nursing.

Hale is a member of Sigma Theta Tau International and has been nominated for the "Methodist Star" award for 2008. She has demonstrated an interest in life-long learning as evidenced by becoming ACLS certified and completing the Clinical Nurse Faculty, Preceptor and Leading the Quest leadership courses.

Hale is active in the "RNs in Search of Excellence" program at Methodist Healthcare. She is a wound care champion for the National Database of Nursing Quality Indicators for skin assessment for the Methodist system. She also helped open the short-stay surgical and processing unit at Methodist Le Bonheur Germantown Hospital and has been instrumental in ensuring the quality of care for surgical patients.

Hale is dedicated to providing excellent clinical experiences for the UTHSC undergraduate students. She is energetic, enthusiastic and genuinely loves having students on the unit. She mentors not only the students but also the staff and challenges all to be the best that they can be by continuing their formal, as well as informal education.

#### **Outstanding Graduate Clinical Preceptor**



Nancy Appling, CRNFA

2008 Outstanding Graduate Clinical Preceptor, Nancy Appling, CRNFA, an acute care nurse practitioner, is a first assist in surgery at the Veterans Affairs Medical Center (VAMC) in Memphis. Described by her student, Brad Harrell, as "an incredible teacher, listener, and member of the nursing profession," Appling has served as preceptor to both master's and doctor of nursing practice students. Harrell commented that Nancy Appling is learner centered, and that under her direction and guidance, he has vastly increased his knowledge of diseases, treatments and management of the patient population under their care.

According to Carol Thompson, PhD, UTHSC College of Nursing professor, who nominated Appling for the award, "Nancy is a good-natured no-nonsense type of preceptor who listens to her students and gives them frequent feedback and encouragement."

Appling is considered a role model for students regarding communicating effectively with patients and families, as well as collaborating with the multi-professional health care team. She is a well-respected member of her team. Appling is intent on evidence-based practice, avidly reading the latest literature and sharing it with all who want to know. But she also regularly conducts quality improvement initiatives such as helping design the Rapid Response Team at the VAMC. She is focused on "how patients can receive the best care." Appling is a significant contributor to designing tomorrow's best practices, which is a major initiative within her own institution, as well as a national health care effort.

#### **Outstanding Graduate Clinical Preceptor**



Diane Pace, APRN-BC, PhD, the College of Nursing's second honoree in this category, is a family nurse practitioner at the Regional Medical Center Health Loop. Peg Hartig, PhD, professor in the College of Nursing, nominated Dr. Pace, noting that her boundless energy and enthusiasm for nursing in general and advanced practice

Diane Pace, APRN-BC, PhD

nursing in particular are an inspiration for the many master's and doctoral-level students she has worked with as a preceptor. As a family nurse practitioner, she is conscientious and a strong supporter of practicing evidence-based health care, as well as adding to scientific knowledge through her clinical research.

Dr. Pace is regarded as a very knowledgeable and compassionate educator and practitioner. Once she makes a commitment to students, she works hard to find ways to help them grasp the information and understand the reasoning behind all decision making.

#### Preceptors continued from Page 21

She motivates students through thoughtful critique and positive reinforcement.

In her current role precepting Beth Eubank, a DNP student, Dr. Pace has exposed Eubank to many new possibilities for clinical care, worked closely with her as a role model in the care of women, provided contacts for additional clinical experience, and guided her in developing a well-rounded plan for both her clinical residency and project. Eubank's indicated in her nomination letter that she is well aware and appreciative of

### **In Memoriam**

**'37** - Mary Lucille Bradshaw Davis, a resident of Whitehaven for almost 50 years, passed away Dec. 10, 2007. One of eight children, Mary was born May 18, 1915, in Hickory Ridge, Ark. After graduation from UT, she went on to become a surgical and private duty nurse. She married Edward Pershing Davis in May 1942. Married for 57 years until his death in 2000, Lucille and Ed had three children.

**'39 - Lela M. Hurst** passed away in January 2007 at the age of 94.

'40 - Imogene Kennedy Schmidt, 88, died March 3, 2007. Imogene served in the Army Nurse Corps during World War II and became known as one of the "Angels of Bataan." Captured as a prisoner of war, Imogene wrote, "Before the Japanese took us prisoner, we nurses wanted to leave a record in case we were never heard from again. We ripped a square of cloth from the bed sheet and signed it the day of our surrender, May 6, 1942. Our nurses' training taught us to improvise and be innovative and this came in very handy on Bataan. My friend, Eleanor Garen, and I would slowly make our way to the tiny garden patch and pull the green tops off the potato plants, fold them into cylinders and imagine that we were eating ice cream cones. This turned our lips, tongues and teeth green!" Imogene was liberated on February 3, 1945. After returning home, she married Richard J. Schmidt, and they raised two children.

'45 - Margaret Whitehurst, a long-time resident of Clearwater, Fla., died Nov. 9, 2007. Margaret was born in Afton, Tenn., on Jan. 17, 1922. As a registered nurse, Margaret joined the Women's Army Corps during World War II and met her husband, Edward Roland Whitehurst, in Germany. They later moved to Clearwater in 1955. She was a homemaker and mother of three. She lost her son in 1969 and her husband in 1975. the dedication and sense of responsibility with which Dr. Pace performs this role.

Dr. Pace was the organizing convener for the Greater Memphis Area Advanced Practice Nurses Group for many years. She is well versed in current practice issues. She spearheaded the concept of an annual policy conference for the group, obtaining both funding and sponsorship. Currently, she represents APNs on a state level through the Tennessee Nurses Association.

**'52 - Barbara Boyle Mashburn**, 79, died Dec. 3, 2007. A native of Coffeeville, Miss., she lived in Tallahassee, Fla., since 1997. She was employed for many years as a staff nurse at Baptist Hospital in Miami, and also worked at Doctors Hospital in Coral Gables, and at Tallahassee Memorial Hospital. Survivors include her husband, Dr. William Mashburn, three sons, daughter, 10 grandchildren and one great-grandchild.

'77 - Agnes Weitemeyer, 52, died May 14, 2007. After graduating from the UT College of Nursing, Agnes began her nursing career at Vanderbilt University Hospital in neurosurgery. She was loved by co-workers and patients alike for her quick wit and ability to diffuse tense situations. Her "hobbies" of collecting cats and Superman trinkets were less appreciated than her hobby of learning and practicing a new language. Her favorite languages were Donald Duck (you had to be a child less than 10 years old or a resident acting like one to hear that one) and Spanish. But she also practiced others she had learned (including Korean, Arabic, Turkish and French among others) on usually appreciative foreign house staff and patients. She died after a short battle with uterine cancer.

**'82 - Jacquelin (Jackie) Tice Schultz**, died Nov. 12, 2007, in Dallas. Born on Feb. 11, 1945, in Moultrie, Ga., Jackie was a dedicated heath care professional beginning her career in nursing in Memphis and Plano, Texas, and then going on to the Emergency Department at Parkland Hospital in Dallas and at University Hospital in San Antonio. From 1997 until shortly before her death, Jackie served as a certified family nurse practitioner. Her love for her profession was second only to her love for family. She is survived by her husband, Steven, mother, brother, daughter, son and five grandchildren. The family expresses their deepest gratitude to all who ministered to Jackie during her final days as she courageously battled cancer.

# **Porter-O'Grady to Speak at CON Alumni Day**

The 2008 College of Nursing Alumni Day speaker will be Tim Porter-O'Grady, EdD, ScD(h), APRN, FAAN. Dr. Porter-O'Grady has been involved



Tim Porter-O'Grady, EdD

in health care for 37 years and has held roles from staff nurse to senior executive in a variety of health care settings. As senior partner of an international health care consulting firm, he specializes in health futures, organizational innovation, conflict and change; as well as health service delivery models. He is noted for his work with shared governance models, clinical leadership, conflict and health futures.

Dr. Porter-O'Grady has published extensively in health care with more than 165 proctored journal articles and 17 books and is a five-time winner of the AJN Book of the Year Award. He has consulted internationally with more than 900 institutions and has lectured in more than 1,000 settings internationally. He has held a number of offices in professional associations and national and community boards such as the vice chair of the governing board of Catholic Health East, governor with Sigma Theta Tau International; president of AID-Atlanta, and the Georgia Nurse's Foundation.

Dr. Porter-O'Grady is a very dynamic speaker and will engage the audience in considering "21st Century Healthcare: Transforming the Future of Practice." He will address topics such as the new paradigm for health; new framework for learning systems; new skills for a new age; new care structures; creating new focus; and new roles for clinical partnerships.

# UT Health Science Center College of Nursing Alumni Day $\diamond$ April 25, 2008 Hilton Memphis

Continuing Education Program: "21st Century Healthcare: Transforming the Future of Practice," featuring Tim Porter-O'Grady, EdD, ScD(h), APRN, FAAN – Mary L. Morris Distinguished Visiting Professor. Dr. Porter-O'Grady is senior partner, Tim Porter-O'Grady Associates, Inc. and associate professor, Leadership Scholar, Arizona State University.

□ All New This Year ... A Silent Auction

Alumni Awards and Reunion Luncheon

**General Recognition of the Golden Graduates of 1958** 

Dessert Reception and Alumni/Student Poster Session

□ The classes of 1958, 1963, 1968, 1973, 1978, 1983, 1988, 1993, and 1998 are celebrating class reunion years. If you would like assistance in coordinating a special event for your class, contact the UT Office of Alumni Affairs.

The University of Tennessee Health Science Center Office of Alumni Affairs 62 S. Dunlap, Suite 520 Memphis, TN 38163 (800) 733-0482 or (901) 448-4974 uthscalumni@utmem.edu http://www.utmem.edu/nursing

The Hilton Memphis - 939 Ridgelake Blvd. • For reservations call (901) 684-6664 or (800) 445-8667.

The UT Health Science Center Office of Development and Alumni Affairs 62 S. Dunlap, Suite 500 Memphis, Tennessee 38163

ADDRESS SERVICE REQUESTED

#### UPCOMING EVENTS

April 25, 2008

2008 Alumni Day: "21st Century Healthcare: Transforming the Future of Practice"

May 29, 2008 3rd Annual National Public Health Nursing Conference "Impacting Public Health Systems: Ending Disparities in Policy and Action"

July 24, 2008 Elinor F. Reed Distinguished Visiting Professor Marjorie S. Wiggins, RN, MBA, CNAA, BC

**September 1, 2008** MSN Nurse Anesthesia Application Deadline

**November 7, 2008** William T. Cashdollar Distinguished Visiting Professor featuring Elaine C. Meyer, PhD, RN

January 15, 2009 MSN Clinical Nurse Leader Application Deadline

**February 1, 2009** DNP and PhD Application Deadline Nonprofit Org. U.S. Postage PAID Memphis, TN Permit No. 4026

E07-3860-002-08