Brain Awareness Night

Early Childhood Resilience

Resilience in early childhood is important for success in school and throughout life. Join us to learn how parents and caregivers can improve young children's resilience.

Dr. Pat Levitt: Why Early Matters for Healthy Brain and Child Development
Ph.D., Simms/Mann Chair in Developmental Neurogenetics, Institute for the Developing Mind, Children's Hospital Los Angeles

We will discuss the research showing that early life experiences influence social, emotional and learning skills, and how these skills come together to help children succeed in the real world and how healthy brain architecture provides the resilience to deal with adversity experienced during the first years of life.

Dr. Eraina Schauss: Combating Adverse Childhood Experiences through Resilience Based Interventions
Ph.D., Assistant Professor of Clinical Mental Health Counseling at the University of Memphis

This presentation will instruct parents, clinicians and the greater community on the ways in which they can help build resilience in children through attachment and play-based exercises, and address how these exercises and interventions help build adaptive and integrated brain architecture in young children.

Professional training hours (CEUs) will be provided by the UT Neuroscience Institute.

DETAILS AND REGISTRATION AT:
http://urbanchildinstitute.org/brain-awareness