

Family Medicine Residency
Behavior Medicine Rotation
Elly Riley, DO

Rotation Goal

The teaching of Human Behavior and Psychiatry at the UT Family Medicine Center (UTFPC) is divided into several discreet components, each with a unique purpose and focus. The overall goal of this element of the curriculum, however, is to teach residents to recognize psychiatric illnesses as well as the psychiatric component of other illnesses in such a way as to effectively address the needs of patients; either by direct intervention or referral of a mental health provider or appropriate community agency. Residents will be taught to look beyond the individual and his immediate circumstances to assess related familial and environmental needs which may also be contributing to the individual's illness, and have the skills and knowledge of available resources necessary to address identified needs in extended families as well as communities.

During this rotation, residents should achieve the following goals:

1. Develop skills necessary to obtain an appropriate history and physical on patients with psychiatric conditions.
2. Understand the impact of behavioral health on overall health.
3. Develop the ability to build a list of differential diagnoses on patients with behavioral health issues.
4. Initiate appropriate treatment for patients with behavioral health problems.
5. Develop an understanding of the role of the primary care physician in the care of patients with psychiatric conditions.
6. Develop an understanding of the appropriate role of mental health professionals and psychiatric specialists in the care of patients with psychiatric conditions.
7. Develop an understanding of community resources that are available to assist physicians in their care of patients with psychiatric conditions.

Behavioral Medicine Experiences

1. **Behavioral Medicine Rotation** – The Behavioral Medicine Rotation at the UT Family Medicine Center is a four week block rotation. During this rotation, residents will work one-on-one with mental health providers at a local psychiatric facility. They will care for patients in both inpatient and outpatient settings.
 - a. Address: West Tennessee Behavioral Center / Pathways
238 Summar Drive
Jackson, TN 38301
Phone #: (731) 541-8200
 - b. Supervisors: Evelyn Harris
 - c. Rotation Structure:
 - i. Three to four half-days per week in continuity clinic at the UTFMC.
 - ii. Three to six half-days per week working with various subspecialty clinics at Pathways such as the outpatient medicine clinic, inpatient detox unit, inpatient crisis stabilization unit, and adolescent-focused care.
 - d. Responsibilities:

- i. Residents should review the Residency Master Schedule to determine the exact times and dates that they are to work.
 - ii. **One week prior to the beginning of the rotation, residents should contact Kim Parker, social worker and director of inpatient services (731.693.4801).**
 - iii. Residents are expected to attend the treatment-team meeting near the start of the rotation, which occurs on the first Tuesday of each month during the lunch hour. Immediately prior to or during this time, you will meet with the preceptor.
 - iv. Residents should participate in the care of patients with psychiatric conditions.
 - v. Residents should learn to evaluate patients with psychiatric conditions.
 - vi. Residents should be able to develop a list of differential diagnoses for patients with psychiatric conditions.
 - vii. Residents should be able to formulate an initial treatment plan for these patients.
 - viii. Residents should gain a better understanding of the role of the primary care physician in the care of patients with psychiatric conditions.
 - ix. Residents should gain a better understanding of the appropriate role of mental health professionals and psychiatric specialists in the care of patients with psychiatric conditions.
 - x. Residents should gain a better understanding of community resources that are available to assist physicians in their care of patients with psychiatric conditions.
2. Videotaped Patient Encounters – Resident’s interactions with patients in the Family Medicine Clinic will be videotaped. These interactions will be reviewed by a faculty member who will evaluate each resident’s interpersonal skills. The faculty will discuss this evaluation with the resident and give suggestions for improvement.
 3. Personal Psychological Evaluation – Residents will participate in personal psychological assessment through completion of a Myers-Briggs psychological assessment tool. Residents will complete this assessment and then receive counseling from the faculty on the appropriate use of this tool. Residents should strive to use this assessment as a developmental tool in a self improvement process.
 4. Longitudinal Exposure to Behavioral Medicine – Residents will receive longitudinal exposure to Behavioral Medicine through their care of patients in the Family Medicine Center. Many of these patients have psychiatric conditions or other problems related to behavioral health. Residents are also expected to participate in the care of patients with acute psychiatric illnesses. During their time in the emergency room, residents are expected to assist the Pathways Crisis team in their evaluation and treatment of these patients. They are expected to perform at least five Crisis evaluations during their Emergency Medicine experience. Residents are expected to utilize these longitudinal experiences to improve their knowledge of behavioral medicine.
 5. Didactic Experiences – Residents will receive structured didactic lectures on issues related to behavioral health throughout their three years of residency.

Supervision

Direct supervision of the resident is provided by the preceptor in charge of the behavioral medicine rotation.

Rotation Objectives

By the end of the Behavior Medicine rotation, PGY III residents are expected to expand and cultivate skills and knowledge learned during previous training and to achieve the following objectives based on the six general competencies. The resident should exhibit an increasing level of responsibility and independency as he or she progresses throughout the year.

Competency	Required Skill(s)	Teaching Method(s)	Formative Evaluation Method(s)	Frequency of Evaluation
Patient Care	SPECIALTY SPECIFIC OBJECTIVES			
	Develop skills that allow for up to date, compassionate care of patients with psychiatric conditions while integrating evidence based medicine, local standards of care, nationally defined quality care markers and specialty recommendations upon consultation.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Assess for psychiatric factors that could affect the patient's health care, (i.e. depression, anxiety, etc.)	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	During each patient visit, screen for psychiatric problems	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Perform a thorough history and physical examination on patients with psychiatric problems.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Develop a differential diagnosis on these patients and arrive at a diagnosis.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Initiate appropriate care for these patients in a timely manner	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually

	Determine which patients need further evaluation by a specialist	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Perform a psychiatric evaluation.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Perform a mini-mental status exam.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
Medical Knowledge	SPECIALTY SPECIFIC OBJECTIVES			
	Develop an understanding of normal patterns of adult behavior.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Develop a basic understanding of the physiology and pathology of psychiatric conditions.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Develop an understanding of normal patterns of childhood behavior and development.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Integrate knowledge of diagnostic criteria for various psychiatric disorders into patient care , such as a. Mood disorders (depression, mania and bipolar disorder) b. Anxiety disorders such as generalized anxiety disorder, panic disorder, obsessive compulsive disorder and post-	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually

	<ul style="list-style-type: none"> traumatic stress disorder. c. Eating Disorders d. Sleep Disorders e. Personality Disorders f. Substance Abuse g. Dementia h. ADHD 			
	<p>Compare and contrast the various options available for treatment of psychiatric disorders, such as:</p> <ul style="list-style-type: none"> a. Pharmaceutical Therapy b. Non-pharmaceutical Therapy such as counseling, etc 	<p>Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning</p>	<p>Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter</p>	<p>Daily Monthly Annually Annually Annually</p>
Practice Based Learning and Improvement	SPECIALTY SPECIFIC OBJECTIVES			
	See General Family Medicine Objectives for a comprehensive list.			
	Actively review information provided by preceptors concerning the evaluation and treatment of patients with psychiatric conditions.	<p>Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning</p>	<p>Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter</p>	<p>Daily Monthly Annually Annually Annually</p>
	Utilize evidence based resources in the care of patients with psychiatric conditions.	<p>Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning</p>	<p>Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter</p>	<p>Daily Monthly Annually Annually Annually</p>
	Review current literature relevant to the care of patients of psychiatric conditions.	<p>Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning</p>	<p>Direct Feedback Global Evaluation In-training Exam Faculty Evaluation</p>	<p>Daily Monthly Annually Annually</p>
Interpersonal and Communication Skills	SPECIALTY SPECIFIC OBJECTIVES			
	See General Family Medicine Objectives for a comprehensive list.			
	Communicate effectively with patients and their families while in the presence of their daily preceptor.	<p>Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning</p>	<p>Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter</p>	<p>Daily Monthly Annually Annually Annually</p>

	Convey information in a clear and concise manner to other health professionals.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
Professionalism	SPECIALTY SPECIFIC OBJECTIVES			
	See General Family Medicine Objectives for a comprehensive list.			
	Provide compassionate care to all patients regardless of gender, age, culture, race, religion, disabilities, sexual orientation or socioeconomic class	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Provide high quality medical care to all patients regardless of gender, age, culture, race, religion, disabilities, sexual orientation or socioeconomic class.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Behave in a professional manner when interacting with patients or other health care providers.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
Systems-Based Practice	SPECIALTY SPECIFIC OBJECTIVES			
	See General Family Medicine Objectives for a comprehensive list.			
	Demonstrate the role of the primary care physician in the care of patients with psychiatric conditions.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation	Daily Monthly Annually Annually
	Demonstrate the appropriate role of mental health professionals and psychiatric specialists in the care of patients with psychiatric conditions.	Conferences/Didactics Daily Rounds Clinical Teaching Self Directed Learning	Direct Feedback Global Evaluation In-training Exam Faculty Evaluation Videotaped Encounter	Daily Monthly Annually Annually Annually
	Utilize community resources that are available to assist physicians in their care of patients with psychiatric	Conferences/Didactics Daily Rounds	Direct Feedback Global Evaluation	Daily Monthly

	conditions.	Clinical Teaching Self Directed Learning	In-training Exam Faculty Evaluation	Annually Annually
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Educational Resources

1. Comprehensive Textbook of Psychiatry by Kaplan and Sadock
2. The Diagnostic and Statistical Manual of Mental Disorders (DSM-V)
3. American Family Physician Journal
4. www.UpToDate.com
5. www.emedicine.com