49th Annual Family Medicine Review Course
and the
10th Family Medicine/Psychiatry CME Conference

Collaborative Care

March 31 – April 2, 2017

Longinotti Auditorium at Saint Francis Hospital-
Memphis, TN

Sponsored by:

Departments of Family Medicine and Psychiatry

Registration Form online at uthsc.edu/fammed

The University of Tennessee is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA institution in the provision of its education and employment program and services.
ACCREDITATION
The University of Tennessee, College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT
The University of Tennessee, College of Medicine designates this live activity for a maximum of 22.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOTEL ACCOMMODATIONS
Arrangements have been made for conference participants to receive a special room (king) rate of $109 per night at the Courtyard Memphis East/Park Avenue, located at 6015 Park Avenue, Memphis, TN 38119. This special rate will be available until March 3, 2017. To make reservations, please call the Marriott Reservations at (800) 321-2211 or (901) 761-0330 on or before Friday, March 3, 2017 (the "cutoff date"). Please identify yourself as part of the "UTHSC Collaboration is Everything group". After the cutoff date, the hotel will release any unreserved rooms for general sale, and it will accept reservations at the group rate only at its own discretion.

LOCATION
This symposium will be held at the Longinotti Auditorium at the Saint Francis Hospital-Memphis, 5959 Park Avenue, Memphis, TN 38119

PURPOSE
The purpose of this joint program is to provide practicing physicians, nurse practitioners, physician assistants and other health care professionals an update regarding selected topics of importance integrating family medicine and psychiatry.

EDUCATIONAL OBJECTIVES:
Following this activity, participants should be able to:

- Differentiate sleep problems in adults and children and initiate appropriate treatment and testing
- Describe examples of collaborative care used in the Primary Care adult, pediatric and geriatric care settings
- Identify opportunities to involve collaborative psychiatrists in medical care setting
- Define uses of Telepsychiatry in collaborative care
- Evaluate and initiate treatment for patients with addictive disorders with the help of collaborators
- Recognize movement problems and become familiar with the treatments
- Describe the process of neurocognitive evaluation, testing and diagnosis of neurocognitive disorders that present in the medical setting.
- Describe the process evaluation, treatment, and documentation for those patients who need referrals to pain clinics
- Identify causes of physician burnout and initiate a prevention and treatment plan
- Assess and apply updated treatments and management techniques for diabetes
- Assess and apply updated treatments in dermatology
- Assess oral health of patients and assist in treatment or referral
- List and apply the protocols and evaluations for concussion care
- Describe and analyze psychiatric symptoms in patients with neurocognitive behavior problems and describe proper pharmacologic behavioral management
- Assess and treat depressive symptoms in elderly patients
- Assess and apply treatment for patients on anticoagulants
- Assess and apply treatments for common issues in female athletes
- Identify, describe and apply treatments for hemophilia and other bleeding disorders
- Assess and apply treatments for patients with eating disorders
- Assess, analyze and plan treatment for women with ectopic pregnancies
- Explain and discuss psychiatric medication use and the mechanisms of action/interaction with other medicines

PARKING
For free parking, conference participants should park in the parking lot next to the Saint Francis Hospital-Memphis, Longinotti Auditorium, 5959 Park Avenue, Memphis, TN 38119
FRIDAY, March 31, 2017
7:30 A.M. Registration and Breakfast Buffet
7:45 A.M. Pre-Test
8:00 A.M. Introduction and Orientation- James Greene, MD & Paul Hill, MD
8:15 A.M. Management of Insomnia in Adults & Children- Sachin Relia, MD
9:00 A.M. Presentation of a Case- Valerie Arnold, MD & Jennifer Goodfred,
9:45 A.M DO Collaborative Care Case- Jyostna Ranga, MD & Jason Yaun, MD
10:30 A.M. Break: Refreshments
10:45 A.M. Telepsychiatry & Collaborative Care- Iverson Bell, MD
11:30 A.M. Lunch/Keynote: Mindfulness- Manoj Jain, MD & Renate Rosenthal, PhD
1:30 P.M. USPSTF- Update for Preventive Care- Gregg Mitchell, MD
2:15 P.M. Addiction Medicine - Daniel Sumrok, MD & Scott Balogh, MD
3:45 P.M. Break: Refreshments
4:00 P.M. Movement Disorder: Diagnosis & Management - Mark LeDouxs, MD
4:45 P.M. Prescribing Guidelines for Pain Management and Patient Safety - Michael Baron, MD
6:45 P.M. End of Session

SATURDAY, April 1, 2017
7:30 A.M. Breakfast Buffet
8:00 A.M. Diabetes & Pharmacology: An Update- Morgan Lisner, MD & Ah Young Byun, MD
8:45 A.M. Physician Wellness & Burnout- Sheetal Patel, MD
9:15 A.M. Oral Health- Sarah Tiggelaar, MD
9:45 A.M. Break: Refreshments
10:00 A.M. Dermatology- Anna Chollet, MD
10:45 A.M. Concussion Care & Return to Activity- John Hyden, MD
11:30 A.M. Lunch/Keynote: Health & Juvenile Justice- Altha Stewart, MD
1:00 P.M. Neurocognitive Disorder: Management of Behavioral Problems - Rod Poling, MD
1:45 P.M. Special Problems with Depression in Older Patients - Paul Hill, MD
2:30 P.M. Anticoagulants Update- Pranab Das, MD
3:15 P.M Break: Refreshments
3:30 P.M. Female Athlete Triad- Robert Gousse, MD
4:15 P.M. Differentiation & Treatment of Neurocognitive Disorders-Jack Tsao, MD
5:00 P.M. End of Session

SUNDAY, April 2, 2017
7:30 A.M. Breakfast Buffet
8:00 A.M Hemophilia & Bleeding Disorders- Sandeep Rajan, MD
8:45 A.M. Common Eye Problems for Primary Care Physicians- Michael Martin, DO
9:30 A.M. Eating Disorders Diagnosis & Management- Khyati Kothari, MD
10:15 A.M. Break: Refreshments
10:30 A.M. Ectopic Pregnancies- Gary Lipsomb, MD
11:15 A.M. Nephrology- Jyothishree Pinnaka, MD
12:00 A.M. Evaluation

End of Session

DO NOT forget to turn in the Course Evaluation Form and Declaration of Hours Form before you leave the meeting.
COURSE DIRECTORS

James A. Greene, MD, DLFAPA, FACP, Professor and Chair, Department of Psychiatry, UTHSC, Memphis, TN
Paul B. Hill, MD, ABPN, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN
Muneeza Khan, MD, FFAFP, Associate Professor, Interim Chair, Program Director, Department of Family Medicine, UTHSC, Memphis, TN

PRESENTERS

Valerie Arnold, MD, Associate Professor, Director of Child Psychiatry, Department of Psychiatry, UTHSC, Memphis, TN
Scott Balogh, MD, Assistant Professor, Addiction Medicine UTHSC, Memphis, TN
Michael Baron, MD, MPH, Medical Director, The Ranch, Nunnelly, TN; Member – Tennessee Board of Medical Examiners, Chair - Controlled Substance Monitoring Database Committee, Department of Health, Nashville, TN
Iverson Bell, MD, Assistant Professor and Residency Program Director, Department of Psychiatry, UTHSC, Memphis, TN
Ah Young Byun, PharmD, UTHSC, College of Pharmacy Memphis, TN
Anna Chollet, MD, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN
Pranab Das, MD, Saint Francis Cardiology Associates, Memphis, TN
Jennifer Goodfred, DO, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN
Robert Gousse, MD, Sports Fellow, Department of Family Medicine, UTHSC, Memphis, TN
John Hyden, MD, Sports Medicine, Campbell Clinic, Memphis, TN
Manoj Jain, MD, MPH, Assistant Professor, School of Public Health at Emory University, Atlanta, GA

PRESENTERS continued

Jyothishree Pinnaka, MD, Memphis Nephrology Associates, Memphis, TN
Khyati Kothari, MD, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN
Mark S. LeDoux, MD, Professor, Department of Neurology, UTHSC Memphis, TN
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Altha Stewart, MD, Associate Professor of Psychiatry, Director, Center for Health in Justice, Department of Psychiatry, UTHSC, Memphis, TN
Daniel Sumrok, MD, Assistant Professor, Addiction Medicine, UTHSC, Memphis, TN
Jack Tsao, MD, Professor, Department of Neurology, UTHSC, Memphis, TN
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