

Health Assets and Challenges of 38126 Residents



In 2010, the Consortium for Health Education, Economic Empowerment, and Research (CHEER) held a health summit in the 38126 zip code area. Residents, faith leaders, and service providers shared their ideas with Dr. Noel Hutchinson, Pastor of First Baptist Church Lauderdale. *The purpose of the health summit was to learn the major challenges residents living in the zip code area face in meeting their health and health care needs.* Summit participants identified resources in the zip code area that have helped residents to meet their health and health care needs. *Residents want effective programs to address these challenges.* Creating sustainable and effective programs will strengthen community assets and residents' health.

Health and Healthcare Challenges

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✓ *Health services needed*

- Primary care physicians
- Preventive care services
- Health care continuity
- Improved health care quality
- Trust between residents and health care providers
- Better relationships between residents and providers
- Medication assistance and knowledge of medication programs
- Care continuity and better relationships with health care providers

✓ *Healthcare access opportunities*

- Dental care
- Health insurance
- Motivation to seek physician care
- Affordable transportation to health care facilities

✓ *Nutrition-focused opportunities*

- Breastfeeding
- Reduce fast food consumption
- Cooking classes for young parents

✓ *Physical activity-focused opportunities*

- Walking track
- Park for exercise and play

✓ *Quality of life focused opportunities*

- Greater security (safety)
- Parenting skills for young parents
- Sharing of health information between generations
- Quantify the health effects of stress and poverty

Health and Healthcare Assets

✓ *Assets beneficial to 38126 residents*

- Mental health units
- UTHSC Dental School
- Church Health Center
- Hope and Healing Center
- Churches and Spiritual healing
- Vegetable stand at Mississippi and Crump
- The Regional Medical Center and Methodist Hospital Central emergency rooms